

SELF ASSESSMENT GUIDE

Qualification:	BEAUTY CARE SERVICES (NAIL) NC II	
Units of Competency Covered:	<ul style="list-style-type: none"> • PERFORM MANICURE & PEDICURE • PERFORM HAND SPA • PERFORM FOOT SPA 	
Instruction: <ul style="list-style-type: none"> • Read each of the questions in the left-hand column of the chart. • Place a check in the appropriate box opposite each question to indicate your answer. 		
Can I?	YES	NO
PERFORM MANICURE		
• Prepare work area*		
• Consult client on the desired nail service activity and specific requirements*		
• Check and analyze hand, nail condition, structure, shape and style*		
• Clean and cut fingernails*		
• Perform washing, scrubbing and massaging of hands*		
• Follow procedure in application of hand and nail treatment*		
• Perform hand spa*		
• Apply nail polish*		
• Perform post-service activities*		
• Clean and sanitize tools and work area at completion of work*		
PERFORM PEDICURE		
• Prepare work area*		
• Consult client on the desired nail service activity and specific requirements*		
• Check and analyze feet and nail condition*		
• Perform washing, scrubbing and massaging of feet*		
• Clean and cut toenails*		
• Follow procedure in application of feet and nail treatment*		
• Perform foot spa*		
• Apply nail polish*		
• Perform post-service activities*		
• Clean and sanitize tools and work area at completion of work*		
<p>I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.</p>		
Candidate's Name & Signature	Date:	