

SELF - ASSESSMENT GUIDE

Qualification:	CARPENTRY NCII	
COC 1:	INSTALL FORM WORKS	
Instruction: <ul style="list-style-type: none"> • Read each of the questions in the left-hand column of the chart. • Place a tick in the appropriate box opposite each question to indicate your answer. 		
Can I?	YES	NO
• Prepare materials, tools and equipment in line with job requirements		
• Set batter boards in line with job requirements		
• Fix stake-out building lines following job requirements and specifications		
• Lay-out dimensions of form sheathing and stiffeners according to specifications		
• Assemble form panels in line with job requirement		
• Lay-out / assemble scaffolds and braces following established / recommended procedures		
• Fix form panels or building components		
• Strip form works of building components		
• Dismantle scaffolds and braces in line with company rules and regulations		
• Prepare staging area, tools and equipment following standard operating procedures		
I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.		
Candidate's Name:	Date:	

Self - Assessment Guide

Qualification	CARPENTRY NC II		
Unit of Competency :	INSTALL FRAMING WORKS		
Instruction: <ul style="list-style-type: none"> • Read each of the questions in the left-hand column of the chart. • Place a tick in the appropriate box opposite each question to indicate your answer. 			
Can I?	YES	NO	
• Select PPE according to job requirements and OSH standards			
• Interpret related plans and details according to job requirements			
• Select and prepare materials, power and hand tools and equipment consistent with job requirements			
• Re-check and stage materials according to job requirement and report defective materials to immediate superior following standard operating procedures			
• Lay-out post and girts according to working drawings and specifications with required tolerance on all dimensions			
• Erect and assemble post, girts and supports floor joists in accordance with working drawing and specifications			
• Trim and fix floor joist for floor opening and fastening according to working drawing and specifications			
• Lay-out / install floor joist with required tolerance on dimensions			
• Identify and install wall studs base on working drawing and specifications with required tolerance on dimensions			
• Fabricate, lay-out and install types of roof and other components according to working drawing and specifications with required tolerance on dimensions			
• Install roof components according to working drawing and specifications			
• Lay-out / install ceiling joist / frames according to working drawing and specifications with required tolerance on dimensions			
• Perform good housekeeping according to OSH standards			
• Accomplish daily work report in accordance with company rules and regulations			
I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.			
Candidate's name and signature:		Date:	

SELF-ASSESSMENT GUIDE

Qualification:	HEAVY EQUIPMENT OPERATION NC II (FORKLIFT)
Units of Competency Covered:	<ul style="list-style-type: none"> • PERFORM PRE AND POST OPERATION PROCEDURES • PERFORM BASIC PREVENTIVE MAINTENANCE SERVICING FOR LIFTING EQUIPMENT • PERFORM PRODUCTIVE OPERATION FOR FORKLIFT

Instruction:

- Read each of the questions in the left-hand column of the chart.
- Place a check in the appropriate box opposite each question to indicate your answers.

Can I?	YES	NO
• Perform visual check of equipment		
• Perform "B L O W A F" checks		
• Perform operation checks		
• Load forklift to low-bed trailer		
• Unload forklift from trailer bed		
• Check operational area		
• Perform load handling operation		
• Perform post-operation checks		
• Perform adjustments/replacements		
• Perform basic preventive maintenance servicing		
• Prepare equipment report		

I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.

Candidate's Name and Signature:	Date:
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SELF-ASSESSMENT GUIDE

Qualification	BARANGAY HEALTH SERVICES NC II		
Units of Competency Covered	<ul style="list-style-type: none"> • Work within a community development framework • Prepare for work in the community service industry • Support community resources • Provide primary/residential care • Support community participation • Recruit and coordinate volunteers • Respond holistically to client issues • Develop and provide health education program in the community • Implement health promotion and community interventions 		
Instruction: <ol style="list-style-type: none"> a. Read each of the questions in the left-hand column of the chart. b. Place a check in the appropriate box opposite each question to indicate your answer. 			
Can I?	YES	NO	
• Develop the health program education*			
• Organize participants to the program*			
• Coordinate health teaching program*			
• Access industry information and applicable legislative guidelines*			
• Identify future career/occupations opportunities in the community*			
• Work in a team at all times*			
• Outline terms of placement with client in care*			
• Provide/mobilize domestic support*			
• Provide for client education, support and development*			
• Contribute to reintegration of client*			
• Work with individuals and the community to promote participation*			
• Support existing community activities*			
• Develop information base of community resources*			
• Establish relation with key people*			
• Apply strategies for linking people*			
• Maintain community facilities and resources*			