

TRAINING REGULATIONS



RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)

MARITIME SECTOR

TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY
East Service Road, South Superhighway, Taguig City, Metro Manila

*Technical Education and Skills Development Act of 1994
(Republic Act No. 7796)*

Section 22, “Establishment and Administration of the National Trade Skills Standards” of the RA 7796 known as the TESDA Act mandates TESDA to establish national occupational skill standards. The Authority shall develop and implement a certification and accreditation program in which private industry group and trade associations are accredited to conduct approved trade tests, and the local government units to promote such trade testing activities in their respective areas in accordance with the guidelines to be set by the Authority.

The Training Regulations (TR) serve as basis for the:

1. Competency assessment and certification;
2. Registration and delivery of training programs; and
3. Development of curriculum and assessment instruments.

Each TR has four sections:

- Section 1 Definition of Qualification - refers to the group of competencies that describes the different functions of the qualification.
- Section 2 Competency Standards - gives the specifications of competencies required for effective work performance.
- Section 3 Training Standards - contains information and requirements in designing training program for certain Qualification. It includes curriculum design, training delivery; trainee entry requirements; tools equipment and materials; training facilities; trainer's qualification and institutional assessment.
- Section 4 National Assessment and Certification Arrangement - describes the policies governing assessment and certification procedure.

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TRAINING REGULATIONS FOR

RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)

SECTION 1 RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4) QUALIFICATION

The **RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)** Qualification consists of competencies that a person must achieve to steer the ship and also comply with helm orders in the English language, keep a proper look-out by sight and hearing, contribute to monitoring and controlling a safe watch and operate emergency equipment and apply emergency procedures.

This Qualification is packaged from the competency map of the Maritime Sector as shown in Annex A and complies with the requirements of STCW Regulation II/4.

The Units of Competency comprising this Qualification include the following:

Code No.

500311105
500311106
500311107
500311108

BASIC COMPETENCIES

Participate in Workplace Communication
Work in a Team Environment
Practice Career Professionalism
Practice Occupational Health and Safety Procedures

Code No.

MTM834208
MTM834209

MTM834210
MTM834211

MTM834212
MTM834213

MTM834214
MTM834215

COMMON COMPETENCIES

Survive at sea in the event of ship abandonment
Minimize the risk of fire and maintain a state of readiness to respond to emergency situations involving fire
Fight and extinguish fire
Take immediate action upon encountering an accident or other medical emergency
Comply with emergency procedures
Take precautions to prevent pollution of the marine environment
Observe safe working practices
Demonstrate security awareness practices

Code No.

MTM834313

MTM834314
MTM834315
MTM834316

CORE COMPETENCIES

Steer the ship and also comply with helm orders in the English language
Keep a proper look-out by sight and hearing
Contribute to monitoring and controlling a safe watch
Operate emergency equipment and apply emergency procedures

A person who has achieved this Qualification is competent to be:

- Rating forming part of a navigational watch

SECTION 2 COMPETENCY STANDARDS

This section gives the details of the contents of the basic, common and core units of competency required in **RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)**.

BASIC COMPETENCIES

UNIT OF COMPETENCY : **PARTICIPATE IN WORKPLACE COMMUNICATION**

UNIT CODE : **500311105**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to gather, interpret and convey information in response to workplace requirements.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized</i> terms are elaborated in the Range of Variables
1. Obtain and convey workplace information	1.1 Specific and relevant information is accessed from appropriate sources 1.2 Effective questioning , active listening and speaking skills are used to gather and convey information 1.3 Appropriate medium is used to transfer information and ideas 1.4 Appropriate non- verbal communication is used 1.5 Appropriate lines of communication with supervisors and colleagues are identified and followed 1.6 Defined workplace procedures for the location and storage of information are used 1.7 Personal interaction is carried out clearly and concisely
2. Participate in workplace meetings and discussions	2.1 Team meetings are attended on time 2.2 Own opinions are clearly expressed and those of others are listened to without interruption 2.3 Meeting inputs are consistent with the meeting purpose and established protocols 2.4 Workplace interactions are conducted in a courteous manner 2.5 Questions about simple routine workplace procedures and matters concerning working conditions of employment are asked and responded to 2.6 Meetings outcomes are interpreted and implemented
3. Complete relevant work related documents	3.1 Range of forms relating to conditions of employment are completed accurately and legibly 3.2 Workplace data is recorded on standard workplace forms and documents 3.3 Basic mathematical processes are used for routine calculations 3.4 Errors in recording information on forms/ documents are identified and properly acted upon 3.5 Reporting requirements to supervisor are completed according to organizational guidelines

RANGE OF VARIABLES

VARIABLE	RANGE
1. Appropriate sources	1.1 Team members 1.2 Suppliers 1.3 Trade personnel 1.4 Local government 1.5 Industry bodies
2. Medium	2.1 Memorandum 2.2 Circular 2.3 Notice 2.4 Information discussion 2.5 Follow-up or verbal instructions 2.6 Face to face communication
3. Storage	3.1 Manual filing system 3.2 Computer-based filing system
4. Forms	4.1 Personnel forms, telephone message forms, safety reports
5. Workplace interactions	5.1 Face to face 5.2 Telephone 5.3 Electronic and two way radio 5.4 Written including electronic, memos, instruction and forms, non-verbal including gestures, signals, signs and diagrams
6. Protocols	6.1 Observing meeting 6.2 Compliance with meeting decisions 6.3 Obeying meeting instructions

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate:</p> <ul style="list-style-type: none"> 1.1 Prepared written communication following standard format of the organization 1.2 Accessed information using communication equipment 1.3 Made use of relevant terms as an aid to transfer information effectively 1.4 Conveyed information effectively adopting the formal or informal communication
2. Underpinning Knowledge and Attitudes	<ul style="list-style-type: none"> 2.1 Effective communication 2.2 Different modes of communication 2.3 Written communication 2.4 Organizational policies 2.5 Communication procedures and systems 2.6 Technology relevant to the enterprise and the individual's work responsibilities
3. Underpinning Skills	<ul style="list-style-type: none"> 3.1 Follow simple spoken language 3.2 Perform routine workplace duties following simple written notices 3.3 Participate in workplace meetings and discussions 3.4 Complete work related documents 3.5 Estimate, calculate and record routine workplace measures 3.6 Basic mathematical processes of addition, subtraction, division and multiplication 3.7 Ability to relate to people of social range in the workplace 3.8 Gather and provide information in response to workplace Requirements
4. Resource Implications	<ul style="list-style-type: none"> 4.1 Fax machine 4.2 Telephone 4.3 Writing materials 4.4 Internet
5. Methods of Assessment	<ul style="list-style-type: none"> 5.1 Direct Observation 5.2 Oral interview and written test
6. Context of Assessment	<ul style="list-style-type: none"> 6.1 Competency may be assessed individually in the actual workplace or through accredited institution

UNIT OF COMPETENCY : WORK IN TEAM ENVIRONMENT

UNIT CODE : 500311106

UNIT DESCRIPTOR : This unit covers the skills, knowledge and attitudes to identify role and responsibility as a member of a team.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized</i> terms are elaborated in the Range of Variables
1. Describe team role and scope	1.1 The <i>role and objective of the team</i> is identified from available <i>sources of information</i> 1.2 Team parameters, reporting relationships and responsibilities are identified from team discussions and appropriate external sources
2. Identify own role and responsibility within team	2.1 Individual role and responsibilities within the team environment are identified 2.2 Roles and responsibility of other team members are identified and recognized 2.3 Reporting relationships within team and external to team are identified
3. Work as a team member	3.1 Effective and appropriate forms of communications used and interactions undertaken with team members who contribute to known team activities and objectives 3.2 Effective and appropriate contributions made to complement team activities and objectives, based on individual skills and competencies and <i>workplace context</i> 3.3 Observed protocols in reporting using standard operating procedures 3.4 Contribute to the development of team work plans based on an understanding of team's role and objectives and individual competencies of the members.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Role and objective of team	1.1 Work activities in a team environment with enterprise or specific sector 1.2 Limited discretion, initiative and judgement maybe demonstrated on the job, either individually or in a team environment
2. Sources of information	2.1 Standard operating and/or other workplace procedures 2.2 Job procedures 2.3 Machine/equipment manufacturer's specifications and instructions 2.4 Organizational or external personnel 2.5 Client/supplier instructions 2.6 Quality standards 2.7 OHS and environmental standards
3. Workplace context	3.1 Work procedures and practices 3.2 Conditions of work environments 3.3 Legislation and industrial agreements 3.4 Standard work practice including the storage, safe handling and disposal of chemicals 3.5 Safety, environmental, housekeeping and quality guidelines

EVIDENCE GUIDE

<p>1. Critical Aspects of Competency</p>	<p>Assessment requires evidence that the candidate:</p> <ul style="list-style-type: none"> 1.1 Operated in a team to complete workplace activity 1.2 Worked effectively with others 1.3 Conveyed information in written or oral form 1.4 Selected and used appropriate workplace language 1.5 Followed designated work plan for the job 1.6 Reported outcomes
<p>2. Underpinning Knowledge and Attitude</p>	<ul style="list-style-type: none"> 2.1 Communication process 2.2 Team structure 2.3 Team roles 2.4 Group planning and decision making
<p>3. Underpinning Skills</p>	<ul style="list-style-type: none"> 3.1 Communicate appropriately, consistent with the culture of the workplace
<p>4. Resource Implications</p>	<p>The following resources MUST be provided:</p> <ul style="list-style-type: none"> 4.1 Access to relevant workplace or appropriately simulated environment where assessment can take place 4.2 Materials relevant to the proposed activity or tasks
<p>5. Methods of Assessment</p>	<p>Competency may be assessed through:</p> <ul style="list-style-type: none"> 5.1 Observation of the individual member in relation to the work activities of the group 5.2 Observation of simulation and or role play involving the participation of individual member to the attainment of organizational goal 5.3 Case studies and scenarios as a basis for discussion of issues and strategies in teamwork
<p>6. Context for Assessment</p>	<ul style="list-style-type: none"> 6.1 Competency may be assessed in workplace or in a simulated workplace setting 6.2 Assessment shall be observed while task are being undertaken whether individually or in group

UNIT OF COMPETENCY : PRACTICE CAREER PROFESSIONALISM

UNIT CODE : 500311107

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in promoting career growth and advancement.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized</i> terms are elaborated in the Range of Variables
1. Integrate personal objectives with organizational goals	1.1 Personal growth and work plans are pursued towards improving the qualifications set for the profession 1.2 Intra- and interpersonal relationships is are maintained in the course of managing oneself based on performance evaluation 1.3 Commitment to the organization and its goal is demonstrated in the performance of duties
2. Set and meet work priorities	2.1 Competing demands are prioritized to achieve personal, team and organizational goals and objectives. 2.2 Resources are utilized efficiently and effectively to manage work priorities and commitments 2.3 Practices along economic use and maintenance of equipment and facilities are followed as per established procedures
3. Maintain professional growth and development	3.1 Trainings and career opportunities are identified and availed of based on job requirements 3.2 Recognitions are -sought/received and demonstrated as proof of career advancement 3.3 Licenses and/or certifications relevant to job and career are obtained and renewed

RANGE OF VARIABLES

VARIABLE	RANGE
1. Evaluation	1.1 Performance Appraisal 1.2 Psychological Profile 1.3 Aptitude Tests
2. Resources	2.1 Human 2.2 Financial 2.3 Technology 2.3.1 Hardware 2.3.2 Software
3. Trainings and career opportunities	3.1 Participation in training programs 3.1.1 Technical 3.1.2 Supervisory 3.1.3 Managerial 3.1.4 Continuing Education 3.2 Serving as Resource Persons in conferences and workshops
4. Recognitions	4.1 Recommendations 4.2 Citations 4.3 Certificate of Appreciations 4.4 Commendations 4.5 Awards 4.6 Tangible and Intangible Rewards
5. Licenses and/or certifications	5.1 National Certificates 5.2 Certificate of Competency 5.3 Support Level Licenses 5.4 Professional Licenses

EVIDENCE GUIDE

<p>1. Critical Aspects of Competency</p>	<p>Assessment requires evidence that the candidate:</p> <ul style="list-style-type: none"> 1.1 Attained job targets within key result areas (KRAs) 1.2 Maintained intra - and interpersonal relationship in the course of managing oneself based on performance evaluation 1.3 Completed trainings and career opportunities which are based on the requirements of the industries 1.4 Acquired and maintained licenses and/or certifications according to the requirement of the qualification
<p>2. Underpinning Knowledge</p>	<ul style="list-style-type: none"> 2.1 Work values and ethics (Code of Conduct, Code of Ethics, etc.) 2.2 Company policies 2.3 Company-operations, procedures and standards 2.4 Fundamental rights at work including gender sensitivity 2.5 Personal hygiene practices
<p>3. Underpinning Skills</p>	<ul style="list-style-type: none"> 3.1 Appropriate practice of personal hygiene 3.2 Intra and Interpersonal skills 3.3 Communication skills
<p>4. Resource Implications</p>	<p>The following resources MUST be provided:</p> <ul style="list-style-type: none"> 4.1 Workplace or assessment location 4.2 Case studies/scenarios
<p>5. Methods of Assessment</p>	<p>Competency may be assessed through:</p> <ul style="list-style-type: none"> 5.1 Portfolio Assessment 5.2 Interview 5.3 Simulation/Role-plays 5.4 Observation 5.5 Third Party Reports 5.6 Exams and Tests
<p>6. Context of Assessment</p>	<ul style="list-style-type: none"> 6.1 Competency may be assessed in the work place or in a simulated work place setting

UNIT OF COMPETENCY : PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES

UNIT CODE : 500311108

UNIT DESCRIPTOR : This unit covers the outcomes required to comply with regulatory and organizational requirements for occupational health and safety.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized</i> terms are elaborated in the Range of Variables
1. Identify hazards and risks	1.1 Safety regulations and workplace safety and hazard control practices and procedures are clarified and explained based on organization procedures 1.2 Hazards/risks in the workplace and their corresponding indicators are identified to minimize or eliminate risk to co-workers, workplace and environment in accordance with organization procedures 1.3 Contingency measures during workplace accidents, fire and other emergencies are recognized and established in accordance with organization procedures
2. Evaluate hazards and risks	2.1 Terms of maximum tolerable limits which when exceeded will result in harm or damage are identified based on threshold limit values (TLV) 2.2 Effects of the hazards are determined 2.3 OHS issues and/or concerns and identified safety hazards are reported to designated personnel in accordance with workplace requirements and relevant workplace OHS legislation
3. Control hazards and risks	3.1 Occupational Health and Safety (OHS) procedures for controlling hazards/risks in workplace are consistently followed 3.2 Procedures for dealing with workplace accidents, fire and emergencies are followed in accordance with organization OHS policies 3.3 Personal protective equipment (PPE) is correctly used in accordance with organization OHS procedures and practices 3.4 Appropriate assistance is provided in the event of a workplace emergency in accordance with established organization protocol
4. Maintain OHS awareness	4.1 Emergency-related drills and trainings are participated in as per established organization guidelines and procedures 4.2 OHS personal records are completed and updated in accordance with workplace requirements

RANGE OF VARIABLES

VARIABLE	RANGE
1. Safety regulations	May include but are not limited to: 1.1 Clean Air Act 1.2 Building code 1.3 National Electrical and Fire Safety Codes 1.4 Waste management statutes and rules 1.5 Philippine Occupational Safety and Health Standards 1.6 DOLE regulations on safety legal requirements 1.7 ECC regulations
2. Hazards/Risks	May include: 2.1 Physical hazards – impact, illumination, pressure, noise, vibration, temperature, radiation 2.2 Biological hazards- bacteria, viruses, plants, parasites, mites, molds, fungi, insects 2.3 Chemical hazards – dusts, fibers, mists, fumes, smoke, gasses, vapors 2.4 Ergonomics <ul style="list-style-type: none"> • Psychological factors – over exertion/ excessive force, awkward/static positions, fatigue, direct pressure, varying metabolic cycles • Physiological factors – monotony, personal relationship, work out cycle
3. Contingency measures	May include but are not limited to: 3.1 Evacuation 3.2 Isolation 3.3 Decontamination 3.4 (Calling designed) emergency personnel
4. PPE	May include but are not limited to: 4.1 Mask 4.2 Gloves 4.3 Goggles 4.4 Hair Net/cap/bonnet 4.5 Face mask/shield 4.6 Ear muffs 4.7 Apron/Gown/coverall/jump suit 4.8 Anti-static suits
5. Emergency-related drills and training	5.1 Fire drill 5.2 Earthquake drill 5.3 Basic life support/CPR 5.4 First aid 5.5 Spillage control 5.6 Decontamination of chemical and toxic 5.7 Disaster preparedness/management
6. OHS personal records	6.1 Medical/Health records 6.2 Incident reports 6.3 Accident reports 6.4 OHS-related training completed

EVIDENCE GUIDE

<p>1. Critical Aspects of Competency</p>	<p>Assessment requires evidence that the candidate:</p> <ul style="list-style-type: none"> 1.1 Explained clearly established workplace safety and hazard control practices and procedures 1.2 Identified hazards/risks in the workplace and its corresponding indicators in accordance with company procedures 1.3 Recognized contingency measures during workplace accidents, fire and other emergencies 1.4 Identified terms of maximum tolerable limits based on threshold limit value- TLV. 1.5 Followed Occupational Health and Safety (OHS) procedures for controlling hazards/risks in workplace 1.6 Used Personal Protective Equipment (PPE) in accordance with company OHS procedures and practices 1.7 Completed and updated OHS personal records in accordance with workplace requirements
<p>2. Underpinning Knowledge and Attitude</p>	<ul style="list-style-type: none"> 2.1 OHS procedures and practices and regulations 2.2 PPE types and uses 2.3 Personal hygiene practices 2.4 Hazards/risks identification and control 2.5 Threshold Limit Value -TLV 2.6 OHS indicators 2.7 Organization safety and health protocol 2.8 Safety consciousness 2.9 Health consciousness
<p>3. Underpinning Skills</p>	<ul style="list-style-type: none"> 3.1 Practice of personal hygiene 3.2 Hazards/risks identification and control skills 3.3 Interpersonal skills 3.4 Communication skills
<p>4. Resource Implications</p>	<p>The following resources must be provided:</p> <ul style="list-style-type: none"> 4.1 Workplace or assessment location 4.2 OHS personal records 4.3 PPE 4.4 Health records
<p>5. Methods of Assessment</p>	<p>Competency may be assessed through:</p> <ul style="list-style-type: none"> 5.1 Portfolio Assessment 5.2 Interview 5.3 Case Study/Situation
<p>6. Context for Assessment</p>	<ul style="list-style-type: none"> 6.1 Competency may be assessed in the work place or in a simulated work place setting

COMMON COMPETENCIES

UNIT OF COMPETENCY : **SURVIVE AT SEA IN THE EVENT OF SHIP ABANDONMENT**

UNIT CODE : **MTM834208**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in surviving at sea in the event of ship abandonment.

ELEMENT	PERFORMANCE CRITERIA
	<i>Italicized terms</i> are elaborated in the Range of Variables
1. Respond to the indicated emergency	<p>1.1 Muster signal is identified and appropriate action to respond to the identified emergency is taken based on established procedures.</p> <p>1.2 Timing and sequence of individual actions are practiced based on prevailing circumstances and conditions and potential dangers and threats to survival are minimized.</p> <p>1.3 Life-saving appliances are used in accordance with standards operating procedures.</p> <p>1.4 Recommended swimming techniques are practiced with or without wearing a lifejacket.</p>
2. Board a survival craft	<p>2.1 Survival craft is boarded and dangers to other survivors are avoided based on recommended method.</p> <p>2.2 Initial actions after leaving the ship are taken to minimize threats to survival.</p> <p>2.3 Survival craft equipment and location devices, including radio equipment, are operated based on established procedures and manufacturer's instruction.</p>

RANGE OF VARIABLES

VARIABLE	RANGE
1. Identified emergency	May include: 1.1 Collision 1.2 Fire 1.3 Foundering 1.4 Person falling overboard (man overboard)
2. Dangers and threats to survival	May include: 2.1 Cold water shock 2.2 Hypothermia 2.3 Psychological response to disaster 2.4 Loss of will to live 2.5 Sea sickness 2.6 Dehydration 2.7 Injuries 2.8 Starvation
3. Life-saving appliances	May include: 3.1 Life jackets 3.2 Life buoys 3.3 Hard hats 3.4 Immersion suits and other thermal protective aid 3.5 Rocket line throwing appliances 3.6 Pyrotechnic distress signals 3.7 GMDSS survival craft VHF radios 3.8 Satellite emergency position indicating radio beacons EPIRBs 3.9 SARTs 3.10 Whistles
4. Survival Craft	May include: 4.1 Free fall life boats 4.2 Davit launched life boats 4.3 Life rafts

EVIDENCE GUIDE

1. Critical Aspects of Competency	Assessment requires evidence that the candidate : 1.1 responded to indicated emergency 1.2 boarded survival craft
2. Required Knowledge	2.1 Types of emergency situations and actions to be taken when- 2.1.1 called to survival craft stations 2.1.2 required to abandon ship 2.1.3 in the water 2.1.4 aboard a survival craft 2.1.5 a person falls overboard (man overboard) 2.2 Types, uses and location of life-saving appliances 2.3 Survival craft equipment and how to operate them 2.4 Value of training and drills 2.5 Types and uses of personal protective clothing and equipment
3. Required Skills	3.1 Donning lifejacket 3.2 Donning and using an immersion suit 3.3 Jumping from a height into the water 3.4 Righting an inverted life raft while wearing a lifejacket 3.5 Keeping afloat without a lifejacket 3.6 Taking initial action on boarding survival craft 3.7 Streaming a drogue or sea-anchor 3.8 Operating survival craft equipment 3.9 Operating location devices including radio equipment
4. Resource Implications	The following resources should be provided: 4.1 work place with recommended facilities 4.2 tools and equipment appropriate to the activity 4.3 materials relevant to the proposed activity and tasks
5. Methods of Assessment	Competency in this unit must be assessed through: 5.1 Demonstration and questioning of related underpinning knowledge 5.2 Written examination 5.3 Portfolio
6. Context of Assessment	6.1 Competency may be assessed in workplace or in a simulated workplace setting

UNIT OF COMPETENCY : **MINIMIZE THE RISK OF FIRE AND MAINTAIN A STATE OF READINESS TO RESPOND TO EMERGENCY SITUATIONS INVOLVING FIRE**

UNIT CODE : **MTM 834209**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in performing fire prevention and firefighting activities

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Carry out fire minimization procedures	1.1 Fire hazards on board vessel are identified and action is taken to eliminate or minimize them. 1.2 Responsibilities for checking fire prevention equipment and systems are fulfilled and appropriate action is taken to ensure that they are operational. 1.3 An awareness and understanding of the causes of fire and its minimization is maintained through participation in fire drills and related instructional programs. 1.4 A state of readiness to respond to fire emergencies is maintained at all times.
2. Respond to emergencies involving fire	2.1. Emergency situations involving fire are correctly identified in accordance with established nautical practice. 2.2. Type of fire is identified in accordance with the established classification system for fires. 2.3. Initial action on becoming aware of fire emergency is in conformity with established practices and procedures. 2.4. Action taken is timely and appropriate for seriousness of the fire emergency. 2.5. Action taken on identifying muster signals for a fire emergency is appropriate and complies with established procedures. 2.6. Appropriate precautions and procedures are implemented when responding to electrical fires. 2.7. Appropriate precautions and procedures are implemented when responding to uptake and hydrogen fires. 2.8. Communications are clear and concise at all times and orders are acknowledged in a timely and seamanlike manner.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Fire and its minimization	Fire hazard minimization procedures may include: <ol style="list-style-type: none"> 1.1. Housekeeping in work areas 1.2. Following of fire safety procedures 1.3. Checking and maintaining shipboard fire prevention systems 1.4. Identification and elimination or minimization of fire hazards 1.5. Precautions when using and storing flammable materials 1.6. Precautions that need to be taken when responding to an electrical fire 1.7. Precautions that need to be taken when responding to uptake and hydrogen fires 1.8. Precautions when using naked flames or welding equipment
2. Fire emergencies	Fire emergencies on board vessel may occur: <ol style="list-style-type: none"> 2.1. By day or night in both normal and emergency situations 2.2. Under any possible conditions of weather and loading 2.3. While underway 2.4. During berthing and un-berthing operations 2.5. While anchoring or mooring 2.6. While in port 2.7. While moored or at anchor
3. Type of fire	Standard types of fires may include: <ol style="list-style-type: none"> 3.1 Class A 3.2 Class B 3.3 Class C 3.4 Class F

EVIDENCE GUIDE

<p>1. Critical Aspects of Competency</p>	<p>Assessment requires evidence that the candidate :</p> <ul style="list-style-type: none"> 1.1 implemented fire prevention and minimization measures and procedures on board vessel 1.2 recognized fire hazards onboard vessel and take appropriate action to eliminate or minimize them 1.3 assessed the operational capability of fire-detection and fire- fighting equipment and systems and initiate any required maintenance or replenishment action 1.4 responded to emergency situations involving fire 1.5 implemented OHS principles and policies when carrying out fire prevention and fire–fighting duties 1.6 communicate effectively with others as required during fire prevention activities and fire emergencies
<p>2. Required Knowledge</p>	<ul style="list-style-type: none"> 2.1 Relevant maritime regulations concerning minimization of the risk of fire on board vessel 2.2 The chemistry of fire and its relationship to materials typically carried on vessels 2.3 Principles underlying the spread of fire and its extinguishment, including the elements of fire and explosion (the fire triangle) 2.4 Types and sources of ignition 2.5 Flammable materials and fire hazards 2.6 Factors that influence the spread of fire 2.7 The importance of constant vigilance in fire prevention and minimization 2.8 The different classes of fire, their characteristics and strategies and equipment needed for their extinguishment 2.9 A basic understanding of the types of fire-detection, fire-fighting equipment and systems used on board vessels, their features, principles of operation and the procedures for their use and maintenance 2.10 Relevant regulations and policies related to the maintenance of fire equipment and systems 2.11 Precautions and procedures that must be followed when responding to electrical fires 2.12 Precautions and procedures that must be followed when responding to uptake and hydrogen fires 2.13 Maritime communication techniques applicable to fire prevention and fire-minimization activities on board vessel 2.14 Problems that can occur with shipboard fire-detection and fire hazards on board a vessel and appropriate action that should be taken 2.15 Sources of information on shipboard fire prevention and minimization

3. Required Skills	<p>3.1 Implementing fire prevention and minimization measures and procedures</p> <p>3.2 Identifying and evaluating fire hazards and taking appropriate courses of action</p> <p>3.3 Responding to simulated and real emergency situations involving fire</p> <p>3.4 Assessing the operational capability of fire-detection equipment and systems and taking any required maintenance or replenishment action</p>
4. Resource Implications	<p>The following resources should be provided:</p> <p>4.1 work place with recommended facilities</p> <p>4.2 tools and equipment appropriate to the activity</p> <p>4.3 materials relevant to the proposed activity and tasks</p>
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <p>5.1 Demonstration and questioning of related underpinning knowledge</p> <p>5.2 Written examination</p> <p>5.3 Portfolio</p>
6. Context of Assessment	<p>6.1 Competency may be assessed in workplace or in a simulated workplace setting</p>

UNIT OF COMPETENCY : FIGHT AND EXTINGUISH FIRES

UNIT CODE : MTM 834210

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in fighting and extinguishing fires

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Operate portable fire-fighting equipment	1.1 Type of fires is correctly identified in accordance with accepted fire-fighting practice. 1.2 Correct portable fire-fighting equipment is selected and used to fight specific classes of fires. 1.3 Class F fires are correctly extinguished with a fire blanket in accordance with accepted fire-fighting practice. 1.4 Correct techniques are applied for the use of hose lines to extinguish fires on board a vessel . 1.5 Where applicable, correct techniques are applied for the setting up of foam making equipment to extinguish B Class fires on board a vessel.
2. Carry out fire-fighting operations	2.1 Fire is extinguished using appropriate procedures, techniques, equipment and fire-fighting agents. 2.2 Correct portable fire-extinguisher(s) are selected and used for the class of fire involved in a fire emergency. 2.3 Appropriate safety clothing, appliances and equipment is used and safety precautions and procedures are applied when fighting fires in accordance with regulatory requirements, vessel's procedures and established fire-fighting practice. 2.4 The timing and sequence of individual actions when fighting fires onboard a vessel are appropriate to the prevailing circumstances and conditions. 2.5 Search and rescue operations in a smoke filled environment are correctly conducted as a member of a fire-fighting team in accordance with accepted fire-fighting practice. 2.6 Interior fires are extinguished using appropriate fire-fighting equipment and procedures as a member of a fire-fighting team in accordance with accepted fire-fighting practice. 2.7 Lifeline signals are correctly used during interior fire-fighting operations.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Type of fire	Standard types of fires may include: <ul style="list-style-type: none"> 1.1 Class A 1.2 Class B 1.3 Class C 1.4 Class F
2. Fire-fighting equipment	Fire-fighting equipment, appliances and systems may include: <ul style="list-style-type: none"> 2.1 Portable fire extinguishers including foam, water, CO 2 , dry chemical and wet foam 2.2 Fire blankets 2.3 CO2 fixed systems 2.4 Foam installations including semi-portable and fixed systems 2.5 Sprinkler systems 2.6 Fire pumps (main and emergency fire pump) 2.7 Fire hoses, hydrants, branches and international shore connection
3. Fire on board a vessel	Fire emergencies on board vessel may occur: <ul style="list-style-type: none"> 3.1 By day or night in both normal and emergency situations 3.2 Under any possible conditions of weather and loading 3.3 While underway 3.4 During berthing and un-berthing operations 3.5 While anchoring or mooring 3.6 While in port 3.7 While moored or at anchor
4. Safety clothing, appliances and equipment	Safety clothing and equipment may include: <ul style="list-style-type: none"> 4.1 Fire-resistant clothing 4.2 Self-contained breathing apparatus (SCBA) 4.3 Masks 4.4 Eye and ear protection 4.5 Gloves 4.6 Boots

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate :</p> <ul style="list-style-type: none"> 1.1 participated in simulated on-board fire-fighting activities 1.2 participated in search and rescue and fire-fighting teams 1.3 applied OHS principles and policies when carrying out fire-fighting duties 1.4 communicated effectively with others as required during fire emergencies
2. Required Knowledge	<ul style="list-style-type: none"> 2.1 Knowledge of relevant maritime regulations 2.2 The chemistry of fire and its relationship to materials typically carried on vessels 2.3 Principles underlying the spread of fire and how it is extinguished 2.4 The different types of fire, their characteristics and strategies and equipment needed to extinguish them 2.5 Principles and procedures for the use of self-contained breathing apparatus (SCBA) when fighting fires 2.6 Fire-fighting clothing, outfits and personal safety equipment used when fighting a fire onboard a vessel 2.7 Types fire-fighting appliances, equipment and systems used on board vessels, their features, principles of operation and the procedures for their use and maintenance 2.8 Fixed fire prevention and extinguishing installations used on vessels and their principles of operation 2.9 Fire-fighting techniques, agents and precautions applicable to different types of fire on board a vessel 2.10 Maritime communication techniques applicable to fire-fighting activities onboard a vessel 2.11 Typical problems that can occur with shipboard fire-fighting equipment and operations and appropriate remedial action and solutions 2.12 Sources of information on shipboard fire prevention and extinguishment
3. Required Skills	<ul style="list-style-type: none"> 3.1 Applying fire prevention measures and procedures 3.2 Identifying fire fighting problems and determining appropriate courses of action 3.3 Participating as a member of an interior search and rescue and fire-fighting team on board a vessel 3.4 Determining the operational capability of fire-fighting appliances, equipment and systems
4. Resource Implications	<p>The following resources should be provided:</p> <ul style="list-style-type: none"> 4.1 work place with recommended facilities 4.2 tools and equipment appropriate to the activity 4.3 materials relevant to the proposed activity and tasks
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <ul style="list-style-type: none"> 5.1 Demonstration and questioning of related underpinning knowledge 5.2 Written examination 5.3 Portfolio
6. Context of Assessment	<ul style="list-style-type: none"> 6.1 Competency may be assessed in workplace or in a simulated workplace setting

UNIT OF COMPETENCY : **TAKE IMMEDIATE ACTION UPON ENCOUNTERING AN ACCIDENT OR OTHER MEDICAL EMERGENCY**

UNIT CODE : **MTM834211**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in taking immediate action upon encountering an accident or other medical emergency.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Determine the need of casualty	1.1 Patient condition is determined in accordance with established first aid procedures and the nature of injury or illness is established. 1.2 Probable cause, nature and extent of injuries are identified and appropriate action is taken to prevent further harm to the victim and to self. 1.3 The position of the patient is adjusted to optimize personal comfort for the medical condition or injury concerned. 1.4 Where there are doubts over the seriousness of the injury or illness and how to treat the patient, assistance is sought from senior officers or shore-based medical advisers.
2. Administer first-aid to the victim	2.1 Appropriate first aid procedures are used to treat the identified injury or illness in accordance with the first-aiders' limits of responsibility. 2.2 Aseptic techniques are applied during any wound dressing. 2.3 Hygiene measures are used that are appropriate for the degree of illness or injury. 2.4 Cardio-pulmonary resuscitation techniques are correctly applied where required. 2.5 Condition of the patient is regularly monitored both visually and through appropriate measures of bodily signs. 2.6 Health precautions and disease prevention measures are implemented in accordance with regulatory requirements and company procedures. 2.7 Appropriate action is taken if there are signs of a deterioration in the condition of the patient. 2.8 Where necessary, assistance is provided in the preparation and transporting of the victim.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Patient	May include patient having: <ul style="list-style-type: none"> 1.1 Heart attack 1.2 Stroke 1.3 Asthma attack 1.4 Diabetes 1.5 Epilepsy seizures
2. Injuries	Injuries on board a vessel may include: <ul style="list-style-type: none"> 2.1 External bleeding 2.2 An amputation 2.3 A foreign body in the eye 2.4 A penetrating chest wound 2.5 A nose bleed 2.6 Internal bleeding 2.7 Fractures, sprains, strains and dislocations 2.8 Electric shock 2.9 Asphyxia

EVIDENCE GUIDE

1. Critical Aspects of Competency	Assessment requires evidence that the candidate : 1.1. identified and prioritized the need for medical first aid in life-threatening medical emergencies 1.2. administered first aid on board a vessel 1.3. communicated effectively with others during medical emergencies and health care
2. Required Knowledge	2.1. Relevant sections of maritime regulations 2.2. Emergencies, injuries and medical problems that may occur on board a vessel and appropriate action, treatments and solutions 2.3. Relevant OH&S and health legislation and policies 2.4. Duties and responsibilities of the designated first aid officer on board a vessel 2.5. First aid procedures 2.6. Shipboard procedures for: 2.6.1. conducting an initial patient first aid assessment 2.6.2. managing injuries 2.6.3. managing medical emergencies 2.6.4. carrying out resuscitation techniques 2.7. Techniques for care of wounds 2.8. Ways in which disease can spread on board a vessel and ways of preventing the spread 2.9. Legal issues related to the administration of drugs and medicines on board a vessel 2.10. Knowledge of body structures and functions relevant to possible injury, illnesses and disease that may be encountered on board a vessel 2.11. Maritime communication techniques related to health care and receiving radio medical advice from shore-based advisers 2.12. Marine publications containing information on first aid and medical treatment on board a vessel
3. Required Skills	3.1. Providing first-aid on board a vessel 3.2. Identifying and problems and emergencies and taking appropriate courses of action 3.3. Applying aseptic and other precautionary techniques when carrying out first-aid procedures on board a vessel
4. Resource Implications	The following resources should be provided: 4.1. work place with recommended facilities 4.2. tools and equipment appropriate to the activity 4.3. materials relevant to the proposed activity and tasks
5. Methods of Assessment	Competency in this unit must be assessed through: 5.1. Demonstration and questioning of related underpinning knowledge 5.2. Written examination 5.3. Portfolio
6. Context of Assessment	6.1 Competency may be assessed in workplace or in a simulated workplace setting

UNIT OF COMPETENCY : COMPLY WITH EMERGENCY PROCEDURES

UNIT CODE : MTM834212

UNIT DESCRIPTOR : This unit deals with the knowledge and skills required to take appropriate initial action on becoming aware of an emergency on board a commercial vessel in conformance with the established emergency response procedures.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized</i> items are elaborated in the Range of Variables
1. Take action on becoming aware of an emergency	1.1 Emergency situations are recognized and identified. 1.2 Responses to an emergency situation followed the established vessel's emergency response procedures. 1.3 Correct actions are taken on discovery of an actual or potential emergencies/emergency situation in accordance with established vessel's emergency response procedures. 1.4 Information given on raising alarm is prompt, accurate, complete and clear.
2. Follow established emergency procedures	2.1 Vessel's contingency plans for emergency response are known and are implemented in real and simulated emergency situations. 2.2 Escape routes and internal and external communications and alarm systems are used in real and simulated emergency situations in accordance with regulatory requirements and established procedures. 2.3 Emergency communications and alarm signals and systems are understood and required action implemented in accordance with emergency procedures and regulatory requirements. 2.4 Planned damage control procedures for dealing with damage to the vessel and its hull are implemented in accordance with company procedures and regulatory requirements.
3. Follow procedures for the use of various life-saving equipment	3.1 Participation in life saving drills confirms readiness to correctly carry out life-saving procedures and use life-saving equipment . 3.2 Procedures for the use of various shipboard life-saving appliances are followed in accordance with regulatory requirements, manufacturer's instructions and company procedures.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Emergency situations	May include: <ul style="list-style-type: none"> 1.1 Collision with another vessel 1.2 Explosion on board vessel 1.3 Fire on board vessel 1.4 Impairment of integrity of hull and ingress of water 1.5 Loss of steering control 1.6 Lost of motive power 1.7 Foundering 1.8 Grounding 1.9 Beaching a vessel 1.10 Person overboard 1.11 Rescue and evacuation of injured personnel
2. Potential emergencies	May occur: <ul style="list-style-type: none"> 2.1 By day or night 2.2 Under any possible conditions of weather and loading 2.3 While underway 2.4 During berthing and unberthing operations 2.5 While anchoring or mooring 2.6 When bunkering 2.7 During cargo handling operations
3. Regulatory requirements	May include: <ul style="list-style-type: none"> 3.1 SOLAS convention 3.2 IMO STCW Codes and Convention 3.3 Relevant domestic and international OH&S legislation
4. Life-saving equipment	May include: <ul style="list-style-type: none"> 4.1 Life jackets 4.2 Exposure and immersion suits 4.3 Survival craft

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate:</p> <ol style="list-style-type: none"> 1.1 undertook appropriate action in the event of emergency situations 1.2 followed established procedures and regulatory requirements during emergency responses' procedures 1.3 followed procedures for the use of various life-saving equipment 1.4 participated in drills in preparation for the implementation of emergency responses 1.5 communicated effectively with others during emergency responses' procedures
2. Required Knowledge	<ol style="list-style-type: none"> 2.1 Types of emergencies 2.2 Shipboard contingency plans 2.3 Knowledge of relevant maritime regulations 2.4 Relevant OH&S legislation and policies 2.5 Navigational emergencies for vessels and appropriate action and solutions 2.6 Indications of various types of emergency situations and the action to be followed when various types of actual or potential emergency situations are identified 2.7 Emergency alarm signals and systems in use on vessels and procedures to be followed when an emergency alarm is raised 2.8 Escape routes and internal and external communications systems and alarms on board a vessel 2.9 General principles of damage control and the manner in which watertight integrity of hull is maintained on a vessel, including the importance of preparation, control and repair 2.10 Ways of controlling damage during a flooding emergency, including the use of various shipboard items that can be used for damage control purposes such as mattresses, canvas and clothing 2.11 Maritime communication techniques used during navigational emergencies of actual or potential emergency situations are identified 2.12 Emergency alarm signals and systems in use on vessels and procedures to be followed when an emergency alarm is raised 2.13 Escape routes and internal and external communications systems and alarms on board a vessel 2.14 General principles of damage control and the manner in which watertight integrity of hull is maintained on a vessel, including the importance of preparation, control and repair 2.15 Ways of controlling damage during a flooding emergency, including the use of various shipboard items that can be used for damage control purposes such as mattresses, canvas and clothing

3. Required Skills	<p>3.1 Applying navigational emergencies for vessels and appropriate action and solutions</p> <p>3.2 Applying appropriate action in various types of actual or potential emergency situations</p> <p>3.3 Using emergency alarm signals and systems</p> <p>3.4 Using various shipboard items to be used for damage control purposes such as mattresses, canvas and clothing</p> <p>3.5 Using personal safety equipment</p>
4. Resource Implications	<p>The following resources should be provided:</p> <p>4.1 simulated workplace environment</p> <p>4.2 workplace standards, procedures, policies, guidelines</p> <p>4.3 tools and equipment relevant to work activities</p>
5. Methods of Assessment	<p>Competency in this unit may be assessed through:</p> <p>5.1 Observation/simulated practical demonstration in responding to emergency situations onboard a commercial vessel, and/or</p> <p>5.2 Simulation/role plays to test the candidate's knowledge and skills in complying with emergency procedures</p>
6. Context of Assessment	<p>6.1 Competency may be assessed in workplace or in a simulated workplace setting</p>

UNIT OF COMPETENCY : **TAKE PRECAUTIONS TO PREVENT POLLUTION OF THE MARINE ENVIRONMENT**

UNIT CODE : **MTM834213**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in taking precautions towards protection of the marine environment.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Practice compliance with legislative requirements for protection of the marine environment	1.1. Relevant regulations and procedures for the <i>protection of the marine environment</i> are identified. 1.2. Appropriate action is taken in day-to-day work to ensure compliance with relevant regulations and procedures for the protection of the marine environment as required. 1.3. Appropriate action is taken where incidences of non-compliance or potential non-compliance are identified in accordance with regulations and procedures. 1.4. Any breach of regulations and procedures concerning protection of the marine environment is rectified and/or reported as required within the limits of the crew's/ officer's responsibility.
2. Practice anti-pollution procedures	2.1. <i>Anti-pollution procedures</i> applicable to vessel operations are followed in the course of day-to-day work. 2.2. Appropriate <i>preventive measures</i> are undertaken to prevent pollution of the marine environment in accordance with regulations and procedures. 2.3. Inputs are provided in the preparation of reports and other documentation related to the protection of marine environment in accordance with <i>regulations</i> and procedures.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Protection of the marine environment	Protection of the marine environment may be observed: <ol style="list-style-type: none"> 1.1. By day or night in both normal and emergency situations 1.2. Under any possible conditions of sea and weather 1.3. While underway 1.4. During berthing and unberthing operations 1.5. While anchoring or mooring 1.6. While moored or at anchor 1.7. During loading and unloading operations 1.8. During maintenance operations
2. Anti-pollution procedures	Anti-pollution procedures include checking of items and equipment such as: <ol style="list-style-type: none"> 2.1. Pumps 2.2. Valves 2.3. Emission control equipment 2.4. Water management equipment including: cooling water, ballast water and bilge systems 2.5. Waste storage and recycling equipment 2.6. Ballast management equipment
3. Preventive measures	Preventative measures to protect the marine environment may include: <ol style="list-style-type: none"> 3.1. Prevention of spillages of cargo 3.2. Prevention of spillages of fuel and oil 3.3. Control of polluting emissions of gas and smoke 3.4. Effective management of waste, pollution and recycling processes 3.5. Effective management of ballast operations 3.6. Shipboard housekeeping 3.7. Pollution control instructions
4. Regulations	Applicable regulations may include: <ol style="list-style-type: none"> 4.1. MARPOL Convention 4.2. IMO STCW Code and Convention related to the protection of marine environment 4.3. Relevant international and/or local legislation related to the protection of the marine environment

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate :</p> <ol style="list-style-type: none"> 1.1. practiced compliance with legislative requirements for protection of the marine environment 1.2. practiced preventative and remedial anti-pollution procedures as per relevant regulations and procedures 1.3. identified typical pollution control problems and take appropriate action 1.4. communicate effectively with others concerning measures to protect the marine environment
2. Required Knowledge	<ol style="list-style-type: none"> 2.1. Relevant legislation, codes of practice, policies and procedures to protect the marine environment 2.2. Impact of shipping on the marine environment and the effects of operational or accidental pollution on it 2.3. Basic environmental protection procedures 2.4. Pollution control problems and related measures to protect the marine environment 2.5. Complexity and diversity of the marine environment 2.6. Requirements under local and/or international legislation and conventions for reporting incidents related to breaches of the statutory codes and measures for the protection of the marine environment
3. Required Skills	<ol style="list-style-type: none"> 3.1. Completing activities aimed at compliance with relevant regulatory requirements for protection of the marine environment 3.2. Identifying and evaluating problems related to compliance with relevant regulations for environmental protection and determining an appropriate courses of action 3.3. Following anti-pollution procedures
4. Resource Implications	<p>The following resources should be provided:</p> <ol style="list-style-type: none"> 4.1. work place with recommended facilities 4.2. tools and equipment appropriate to the activity 4.3. materials relevant to the proposed activity and tasks
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <ol style="list-style-type: none"> 5.1. Demonstration and questioning of related underpinning knowledge 5.2. Written examination 5.3. Portfolio
6. Context of Assessment	<ol style="list-style-type: none"> 6.1 Competency may be assessed in workplace or in a simulated workplace setting

UNIT OF COMPETENCY : OBSERVE SAFE WORKING PRACTICES

UNIT CODE : MTM834214

UNIT DESCRIPTOR : This unit deals with the knowledge and skills required to observe established maritime safe working practices.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized</i> items are elaborated in the Range of Variables
1. Identify and follow workplace procedures for hazard identification and risk control	1.1 Safety regulations and established vessel's safety and hazard control practices and procedures are obtained, interpreted and applied to day-to-day work activities. 1.2 Workplace procedures for Occupational Health and Safety and related work instructions for controlling risks onboard a vessel are followed. 1.3 Workplace procedures for dealing with shipboard accidents, fire and emergencies are known and followed. 1.4 Hazards in the workplace are identified and appropriate action is taken to report them and to minimize or eliminate risk to personnel, vessel and the environment. 1.5 Where relevant, procedures and precautions necessary for entry into a pump room, fuel tanks or other confined spaces on a vessel are followed. 1.6 Personal protection clothing and equipment is used in accordance with established shipboard safety practices and procedures. 1.7 Appropriate assistance is provided in the event of a shipboard emergency to secure the vessel and its machinery and equipment and to maintain the safety of the vessel and persons involved. 1.8 Established emergency and contingency plans are followed in the event of a shipboard emergency.
2. Contribute to arrangements for the management of occupational health and safety	2.1 Occupational Health and Safety issues and identified safety hazards are raised with designated personnel in accordance with workplace procedures and relevant occupational health and safety legislation. 2.2 Contributions to occupational health and safety management in the workplace are made within workplace procedures and provisions of relevant legislation. 2.3 Occupational health and safety issues are raised with designated personnel in accordance with workplace procedures and relevant occupational health and safety legislation. 2.4 Contribute to participative arrangements for occupational health and safety management in the workplace within vessel's procedures and scope of responsibilities and competencies.
3. Take necessary actions to control fatigue	3.1 Fatigue symptoms are recognized and identified. 3.2 Corrective actions are taken on discovery of fatigue in accordance with established company procedures. 3.3 Fatigue management practices are observed at all times. 3.4 Reports related to incidence of fatigue are communicated to appropriate authority in accordance with established company procedures.
4. Complete occupational health and safety records	4.1 Occupational health and safety records for self are completed in accordance with workplace requirements. 4.2 Legal requirements for the maintenance of records of occupational injury and diseases are followed.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Emergencies	May include: <ul style="list-style-type: none"> 1.1 Loss of propulsion 1.2 Loss of electrical power 1.3 Loss of steerage 1.4 Flooding of vessel 1.5 Fire or explosion 1.6 Loss of refrigeration 1.7 Loss of water making ability 1.8 Fuel oil, lubrication oil, steam and gas leaks 1.9 Overheating and over speed of machinery, governors, emergency trips
2. Hazards in the workplace	May include: <ul style="list-style-type: none"> 2.1 Moving heavy loads in an unsafe work environment 2.2 Unsecure machinery, components or repair equipment 2.3 Slippery deck 2.4 Welding equipment 2.5 Sharp tools and implements 2.6 Power tools 2.7 Moving and rotating machinery 2.8 Flammable liquids, vapors and fuel 2.9 Using equipment beyond safe working limits 2.10 Poor housekeeping procedures 2.11 Electrical wiring and systems 2.12 Hot pipes and valves (steam, fuel oil, lubricating oil) 2.13 Cold pipes and valves (refrigeration and liquefied gas cargoes) 2.14 Working at heights 2.15 Exposed electrical circuits 2.16 Toxic gases and substances 2.17 Chemicals and other harmful substances 2.18 Damaged cargo and containers
3. Participative arrangements	May include: <ul style="list-style-type: none"> 3.1 Formal and informal meetings which include occupational health and safety 3.2 Occupational health and safety committees 3.3 Other committees, for example, consultative, planning and purchasing 3.4 Health and safety representatives 3.5 Suggestions, requests, reports and concerns put forward by vessel's crew to senior officers

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidences that the candidate:</p> <ul style="list-style-type: none"> 1.1 identified and followed workplace procedures for hazard identification and risk control 1.2 contributed to arrangements for the management of OHS onboard a vessel 1.3 understood and taken necessary actions to control fatigue 1.4 completed OHS records as required 1.5 communicated effectively with others on workplace safety matters
2. Required Knowledge	<ul style="list-style-type: none"> 2.1 Knowledge of relevant maritime and OHS regulations 2.2 ISM Code Safety Management System procedures (where applicable) 2.3 The provisions of OHS Acts, regulations and codes of practice relevant to the workplace, including the rights and responsibilities of the workplace parties under OHS Acts, regulations and codes of practice; 2.4 The ways in which OHS is managed in the workplace, and activities required under OHS legislation, for example: <ul style="list-style-type: none"> 2.4.1 policies 2.4.2 procedures 2.4.3 plant and equipment maintenance 2.4.4 hazard identification 2.4.5 risk assessment and control 2.4.6 OHS instruction 2.4.7 training and provision of OHS information 2.5 Hazards that exist in the workplace 2.6 The preferred order of ways to control risks (known as the hierarchy of control); 2.7 Workplace OHS procedures relevant to the work being undertaken, including procedures for: <ul style="list-style-type: none"> 2.7.1 recognizing and reporting on hazards, for example, work area inspections 2.7.2 work operations to control risks, for example, permit to work systems and isolation procedures 2.7.3 responding to accidents, fires and emergencies 2.7.4 raising OHS issues 2.7.5 employee participation in OHS management, for example, consultative or OHS committees and 2.7.6 joint employer/employee inspections 2.8 The meaning of OHS symbols found on signs and labels in the workplace 2.9 Designated personnel responsible for OHS onboard a vessel 2.10 Effects of sleep, schedules, and the circadian rhythm on fatigue 2.11 Effects of physical stressors on seafarers 2.12 Effects of environmental stressors in and outside the ship and their impact 2.13 Effects of schedule changes on seafarer fatigue

3. Required Skills	<p>3.1 Applying OHS in the workplace, and activities required under OHS legislation,</p> <p>3.2 Applying order of ways to control risks (known as the hierarchy of control)</p> <p>3.3 Designating personnel responsible for OHS onboard a vessel</p> <p>3.4 Communication skills</p>
4. Resource Implications	<p>The following resources should be provided:</p> <p>4.1 simulated workplace environment</p> <p>4.2 workplace standards, procedures, policies, guidelines</p> <p>4.3 tools and equipment relevant to work activities</p>
5. Methods of Assessment	<p>Competency in this unit may be assessed through:</p> <p>5.1 Observation/simulated practical demonstration in the application of safe working practices and safety hazard control onboard a vessel</p> <p>5.2 Simulation/role plays to test the candidate's knowledge and skills in the application of safe working practices and hazard control and safety hazard control on a commercial/or training vessel</p>
6. Context of Assessment	<p>6.1 Assessment may be conducted in the workplace or in simulated work environment</p>

UNIT OF COMPETENCY : DEMONSTRATE SECURITY AWARENESS PRACTICES

UNIT CODE : MTM834215

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in demonstrating security awareness practices.

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Contribute to the enhancement of maritime security through heightened awareness	1.1. Requirements relating to enhanced maritime security are identified. 1.2. All critical factors relevant to the security and safety of a maritime workplace are monitored continuously during work operations. 1.3. Relevant information concerning the security and safety of a maritime workplace is recognized and interpreted and timely action is taken in accordance with workplace procedures. 1.4. Changes to work environment and related risks are monitored and managed to ensure a safe outcome to workplace operations. 1.5. A security-related contingency plan of action is studied and interpreted and where necessary appropriate action is taken. 1.6. Reports on matters related to vessel security are prepared and submitted to designated personnel in accordance with the ship security plan and company and maritime regulatory requirements.
2. Recognize security threats	2.1. Factors that may adversely affect the security and safety of a maritime workplace are identified. 2.2. Risks to vessel or port security and safety are recognized and reported to relevant security personnel and appropriate action is taken to control the risk in accordance with workplace procedures and security requirements. 2.3. Persons posing potential security risks are recognized and reported to relevant security personnel and appropriate action is taken to control the risk in accordance with workplace procedures and security requirements. 2.4. All relevant indications of a security situation are recognized and appropriate action is taken to alert relevant personnel and/or take appropriate action in accordance with workplace procedures and regulatory requirements.
3. Understand the need for and maintaining security awareness and vigilance	3.1. Security instruction programs are participated in as per company and regulatory requirements. 3.2. Requirements and processes for security awareness and vigilance are identified. 3.3. Security and emergency drills are participated in accordance with the ship security plan and company and maritime regulatory requirements. 3.4. Inputs to improve/enhance security training programs and drills are provided, where necessary.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Maritime workplace	Workplace may include: <ol style="list-style-type: none"> 1.1. Vessels 1.2. Port facilities
2. Relevant security personnel	May include: <ol style="list-style-type: none"> 2.1. Ship security officer 2.2. Port security officer 2.3. Company security officer 2.4. Master or skipper of the vessel 2.5. Other personnel on vessel (in terms of their security awareness, preparedness and vigilance)
3. Persons posing potential security risks	May include: <ol style="list-style-type: none"> 3.1. Unknown persons photographing vessels or facilities 3.2. Unknown persons attempting to gain access to vessels or facilities 3.3. Unknown persons loitering in the vicinity of vessels or port facilities 3.4. Unknown persons telephoning to ascertain security, personnel or standard operating procedures on a vessel or at a port facility 3.5. Vehicles or small vessels with personnel in them loitering and perhaps taking photographs or drawing diagrams of vessels or facilities 3.6. General aviation aircraft operating in proximity of vessels or facilities 3.7. Unauthorized vendors attempting to sell merchandise 3.8. Persons carrying suspicious parcels which could be bombs 3.9. Unknown persons acting suspiciously 3.10. Unknown persons seeking information from vessel personnel or their families about vessels or port facilities via either face-to-face discussion or email 3.11. Unauthorized workers attempting to gain access to a vessel or port facilities to repair, replace, service or install equipment

VARIABLE	RANGE
4. Security situation	May include:: 4.1. Piracy/hijacking 4.2. Armed robbery 4.3. Bomb threat 4.4. Unidentified objects/explosives on vessel 4.5. Damage to or destruction of port facility 4.6. Damage to or destruction of vessel 4.7. Piracy and other depredations 4.8. Stowaways
5. Security and emergency drills	Security and emergency drills may relate to incidents such as: 5.1. Damage to or destruction of the vessel or port facility (e.g. by explosive devices, arson, sabotage or vandalism) 5.2. Hijacking or seizure of a vessel or of persons on board 5.3. Tampering with cargo or essential vessel equipment or systems or vessel's stores 5.4. Unauthorized access to or use of the vessel (including presence of stowaways) 5.5. Smuggling of weapons or equipment (including weapons of mass destruction) 5.6. Use of the vessel to carry persons intending to cause a security incident (or their equipment) 5.7. Use of the vessel itself as a weapon or as a means to cause damage or destruction 5.8. Attacks from seaward while at berth or at anchor 5.9. Attacks while at sea

EVIDENCE GUIDE

1. Critical Aspects of Competency	Assessment requires evidence that the candidate : 1.1. contributed to the enhancement of maritime security through heightened awareness 1.2. recognized security threats 1.3. understood the need for and methods of maintaining security awareness and vigilance
2. Required Knowledge	2.1. IMO ISPS Code applicable to vessels and ports 2.2. Procedures for maintaining security awareness 2.3. Relevant security and safety regulations, rules, policies and procedures 2.4. Relevant security personnel on a vessel or at a port facility 2.5. Communication procedures and protocols on matters related to vessel and port security 2.6. Security and safety problems that may be identified when maintaining and managing situation awareness and action that can be taken to overcome them 2.7. Security and safety hazards and risks that may be identified in the maritime workplace and ways of controlling those hazards and associated risks
3. Required Skills	3.1. Applying the above knowledge to the management of situation awareness during workplace operations 3.2. Reading and interpreting instructions, procedures and other information relevant to the maintenance of vessel and port security 3.3. Working as a team with others on matters relevant to the maintenance of vessel and port security 3.4. Selecting and using appropriate communications equipment 3.5. Taking appropriate initiatives related to vessel and port security within limits of role and responsibility 3.6. Interpreting and applying security and safety practices and regulations 3.7. Communicating with others on matters related to vessel and port security 3.8. Modifying activities dependent on differing workplace contingencies, risk situations and environments 3.9. Identifying and solving problems associated with the maintenance of vessel and port security and to report security issues and take appropriate action based on available information 3.10. Monitoring and anticipating security problems and risks and taking appropriate action
4. Resource Implications	The following resources should be provided: 4.1. work place with recommended facilities 4.2. tools and equipment appropriate to the activity 4.3. materials relevant to the proposed activity and tasks
5. Methods of Assessment	Competency in this unit must be assessed through: 5.1 Demonstration and questioning of related underpinning knowledge 5.2 Written examination 5.3 Portfolio
6. Context of Assessment	6.1 Competency may be assessed in workplace or in a simulated workplace setting

CORE COMPETENCIES

- UNIT OF COMPETENCY** : **STEER THE SHIP AND COMPLY WITH HELM ORDERS**
- UNIT CODE** : **MTM834313**
- UNIT DESCRIPTOR** : This unit covers the knowledge, skills and attitudes required in steering the ship and comply with helm orders in the English language

ELEMENT	PERFORMANCE CRITERIA
	<i>Italicized terms</i> are elaborated in the Range of Variables
1. Steer the ship using magnetic and gyro compass	1.1 Vessel is steered <i>under the direction of the Officer of the Watch</i> in response to helm orders and set course. 1.2 Vessel's heading is maintained within acceptable limits with respect to the directions of the Officer of the Watch, given helm orders, the area of navigation and taking into account environmental effects. 1.3 Vessel's steady course is maintained for ten minutes within 2 degrees. 1.4 Alterations of heading are smooth and controlled at all times. 1.5 Communication is clear, concise and acknowledged at all times according to good seamanship. 1.6 Steering is changed from automatic pilot to manual steering and vice versa in accordance with to the directions of the Officer of the Watch, helm orders, vessel's procedures and manufacturer's instructions. 1.7 <i>Safe operating limits</i> of vessel's steering systems are not exceeded. 1.8 Steering techniques are consistent with the prevailing weather and sea conditions or possible states of emergency.
2. Respond to helm orders	2.1 The directions of the Officer of the Watch and helm orders are correctly understood, acknowledged and promptly acted upon. 2.2 Confirmation or clarification of directions and helm orders is sought where they are not clearly understood.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Under the direction of the Officer of the Watch	May include: <ul style="list-style-type: none"> 1.1 Work must be carried out in compliance with the relevant sections of the IMO STCW Conventions and Codes. 1.2 Work is performed under the directions of the Officer in Charge of the Watch using a prescribed range of procedures/methods either individually or in a team environment with some accountability for the quality of outcomes. 1.3 Work involves the use of known and defined steering techniques across a variety of navigational contexts in response to the directions of the Officer of the Watch
2. Safe operating limits	May include: <ul style="list-style-type: none"> 2.1 Commercial vessel of 500 GT and above 2.2 Hand steering or automatic pilot 2.3 Steering of the vessel may be carried out <ul style="list-style-type: none"> 2.3.1. by day or night in both normal and emergency situations 2.3.2. under any possible conditions of weather and loading 2.3.3. while underway 2.3.4. during berthing and unberthing operations 2.3.5. while anchoring or mooring 2.3.6. when navigating in and near 'traffic separation schemes' and 'vessel traffic service areas' 2.3.7. in shallow water, rivers, estuaries and restricted waters 2.3.8. when towing and being towed 2.3.9. when dragging an anchor and clearing a foul anchor 2.4 Helm orders will be given in the English language and require sufficient proficiency in speaking and understanding in English to communicate effectively with the master and others on the bridge of the vessel. 2.5 Emergencies: <ul style="list-style-type: none"> 2.5.1. man overboard 2.5.2. collision 2.5.3. grounding 2.5.4. when hove to 2.5.5. fire or flooding on board vessel. 2.6 Special steering techniques required in adverse weather: <ul style="list-style-type: none"> 2.6.1. steering in the face of strong winds, high sea state, heavy swell and surf 2.6.2. steering an unmanageable vessel out of the trough of the sea in response to helm orders 2.6.3. steering to assist a vessel in distress 2.6.4. steering during towing operations 2.6.5. steering during the launching of rescue boats and survival craft 2.6.6. steering when taking on board survivors from rescue boats and survival craft

EVIDENCE GUIDE

<p>1. Critical Aspects of Competency</p>	<p>Assessment requires evidence that the candidate:</p> <ol style="list-style-type: none"> 1.1. steered a vessel under the directions of the Officer in Charge of the Watch and in response to helm orders: <ol style="list-style-type: none"> 1.1.1. in normal and emergency situations and adverse weather conditions 1.1.2. when underway 1.1.3. when anchoring or mooring 1.1.4. during berthing and unberthing operations 1.1.5. while anchoring or mooring 1.1.6. during emergencies 1.2. exercised all required safety and hazard control procedures when steering a vessel 1.3. identified typical steering problems and take appropriate action 1.4. communicated effectively with others in the bridge team when steering a vessel
<p>2. Required Knowledge</p>	<ol style="list-style-type: none"> 2.1 Knowledge of relevant sections of IMO STCW Convention and Codes and applicable to the steering of vessels 2.2 Limits of responsibility of a rating on a vessel carrying out steering duties 2.3 Typical helm orders and steering action required 2.4 Effects on steering of wind, currents and bottom topography 2.5 Steering problems for various sizes of vessels and appropriate action and solutions 2.6 Procedures for changing over from automatic pilot to hand steering and vice versa 2.7 Principles and procedures for steering a vessel 2.8 Steering techniques in and near 'traffic separation schemes' and 'vessel traffic service areas'
<p>3. Required Skills</p>	<ol style="list-style-type: none"> 3.1 Changing over from automatic pilot to hand steering and vice versa 3.2 Steering a vessel 3.3 Steering in and near 'traffic separation schemes' and 'vessel traffic service areas' 3.4 Ability to communicate effectively in the English language with the Master and others in the bridge team 3.5 Maritime communication techniques, including responding to helm orders

4. Resource Implication	<p>Access is required to opportunities to either:</p> <p>4.1 steer a vessel using a simulator, meeting the requirements of Section A I/12 of the IMO STCW Code, over an appropriate range of simulated maneuvering situations, weather and loading conditions; and/or</p> <p>4.2 steer a working or training vessel under the direction of the Officer in Charge of the Watch over an appropriate range of situations, weather and loading conditions</p>
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <p>5.1 practical test using a suitably simulated watchkeeping situation; or</p> <p>5.2 approved in-service experience, or</p> <p>5.3 approved training ship experience, or</p> <p>5.4 written examinations</p>
6. Context of Assessment	<p>6.1 Assessment of competence must comply with the assessment requirements of the relevant maritime regulations</p> <p>6.2 Assessment of this unit must be undertaken within relevant marine authority approved and audited arrangements by a registered training and/or assessment institution:</p> <p>6.2.1 Appropriate practical assessment must occur:</p> <p>6.2.1.1 at the registered training organization, and/or</p> <p>6.2.1.2 on an appropriate working or training vessel</p>

UNIT OF COMPETENCY : **KEEP A PROPER LOOK-OUT BY SIGHT AND HEARING**

UNIT CODE : **MTM 834314**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitude required in keeping a proper look-out by sight and hearing

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Detect sounds, lights and other objects	1.1 Use and care of binoculars as an aid to a look-out is demonstrated. 1.2 Lookout techniques are demonstrated in sighting floating objects in any state of weather, day light and darkness. 1.3 Lookout techniques are demonstrated in identifying sounds and lights.
2. Report the approximate bearing of a sound, light or other object in degrees or points	2.1 Detected sounds are promptly reported in degrees or points to the officer of the watch. 2.2 Sighted lights, ships or floating objects are promptly reported in degrees or points to the officer of the watch.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Lookout techniques	May include: <ul style="list-style-type: none"> 1.1 Work must be carried out in compliance with the relevant sections of the COLREGS 72, IMO STCW Conventions and Codes. 1.2 Work is performed under the directions of the Officer in Charge of the Watch using a prescribed range of procedures/methods either individually or in a team environment with some accountability for the quality of outcomes. 1.3 Work involves the use of known and defined lookout techniques across a variety of navigational contexts in response to the directions of the Officer of the Watch
2. Degrees or points	May include: <ul style="list-style-type: none"> 2.1 Vessel may include all commercial vessel of 500 GT and above 2.2 Identify lookout station and safe passages onboard 2.3 Reporting of direction of detected sounds and sighted lights and objects to the Officer in charge can be: <ul style="list-style-type: none"> 2.3.1. Reporting by points or degrees 2.3.2. Reporting by bearing relative to own ship, ship's bow, ship's beam, or ship's quarter.

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate:</p> <ol style="list-style-type: none"> 1.1. reported the direction of detected sounds and sighted lights and objects to the Officer in charge by: <ol style="list-style-type: none"> 1.1.1. points 1.1.2. degrees 1.1.3. bearings relative to own ship
2. Required Knowledge	<ol style="list-style-type: none"> 2.1 International distress signals 2.2 Look out watch relief procedures 2.3 Proper use of lookout equipment 2.4 Duties and responsibilities of a lookout 2.5 Six sightings that should be reported when detected by the lookout 2.6 Thirty (32) point system for reporting sightings. 2.7 Procedure for reporting sightings (points, degrees relative, or degrees true) 2.8 Three (3) characteristics or features of a target that should be included in the report 2.9 The three (3) common lookout stations on board a commercial vessel 2.10 Personal equipment for lookout 2.11 Location of personal and vessel safety equipment in the vicinity of lookout station
3. Required Skills	<ol style="list-style-type: none"> 3.1 Applying lookout watch relief procedure. 3.2 Applying night time lookout watch relief procedures. 3.3 Applying lookout technique and reporting in clear visibility during daylight. 3.4 Applying lookout techniques and reporting in clear visibility at night. 3.5 Applying lookout techniques and reporting in restricted visibility during daylight or at night. 3.6 Identifying and reporting sightings (points, degrees relative, or degrees true) promptly and accurately 3.7 Passing on all relevant information to the lookout relief in changing over the watch. 3.8 Taking positive action in the event of not being properly relieved 3.9 Using and care of binoculars. 3.10 Using and care of internal communication device. 3.11 Exercising closed-loop communication skill

4. Resource Implications	<p>Access is required to opportunities to either:</p> <p>4.1 Demonstrate look-out duties in a bridge simulator, meeting the requirements of Section A I/12 of the IMO STCW Code, over an appropriate range of simulated navigational conditions; and/or</p> <p>4.2 Acting as a look-out at a working or training vessel under the direction of the Officer in Charge of the Watch over an appropriate range of navigational situations</p>
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <p>5.1 practical test using a suitably simulated watchkeeping situation; or</p> <p>5.2 approved in-service experience, or</p> <p>5.3 approved training ship experience, or</p> <p>5.4 assessment of knowledge must be conducted through appropriate written examinations</p>
6. Context of assessment	<p>6.1 Assessment of competence must comply with the assessment requirements of the relevant maritime regulations</p> <p>6.2 Assessment of this unit must be undertaken within relevant marine authority approved and audited arrangements by a registered training and/or assessment institution:</p> <p>6.3 Appropriate practical assessment must occur:</p> <p>6.2.2 at the registered training organization, and/or</p> <p>6.2.3 on an appropriate working or training vessel</p>

UNIT OF COMPETENCY : **CONTRIBUTE TO MONITORING AND CONTROLLING A SAFE WATCH**

UNIT CODE : **MTM834315**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitude required in monitoring and controlling a safe watch

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Contribute to watchkeeping procedures	1.1 Effective communication with the officer of the watch is correctly maintained at all times on matters relevant to the <i>role of an integrated rating during watchkeeping duties.</i> 1.2 Bridge communications are clear and concise and advice or clarification is sought from the officer on watch when watch information or instructions are not clearly understood. 1.3 A proper look-out is maintained at all times and in such a way as to conform to accepted principles and procedures and regulatory requirements. 1.4 Lights, shapes and sound signals conform with the requirements contained in the International Regulations for Preventing Collisions at Sea and are correctly recognized. 1.5 The frequency and extent of monitoring of traffic, <i>the vessel and the environment</i> conform to established principles and procedures. 1.6 Internal and external communications systems are used in accordance with bridge procedures and manufacturer's instructions. 1.7 Precautions and procedures are followed to implement environmental protection measures. 1.8 "Challenge and response" are practiced within the bridge team.
2. Respond to potential emergency situations	2.1 Observations and <i>emergency</i> situations are promptly reported to the officer on watch in accordance with bridge procedures. 2.2 Distress signals are recognized and reported in accordance with bridge procedures.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Role of an integrated rating during watchkeeping duties	May include: 1.1 Work must be carried out in compliance with the relevant sections of the IMO STCW Code and Convention, as amended. 1.2 Work is performed under the direction of the Officer of the Watch as a member of a bridge team in accordance with defined operational requirements, with some accountability and responsibility for self and others in achieving the prescribed outcomes. It involves the application of look out and observational techniques across a variety of operational contexts. Following of orders and instructions of the officer on watch is required.
2. The vessel and the environment	2.1 Vessel may include any commercial vessel of 500 GT and above 2.2 Watchkeeping arrangements and procedures may be implemented: 2.2.1. by day or night in both normal and emergency situations 2.2.2. under any possible conditions of weather and loading 2.2.3. while underway 2.2.4. during berthing and unberthing operations 2.2.5. while anchoring or mooring 2.2.6. while in port 2.2.7. while moored or at anchor 2.3 Watchkeeping principles for a rating include: 2.3.1. proper lookout must be maintained at all times 2.3.2. duties of look out and helmsman must be kept separate 2.3.3. look-out must give full attention to keeping a proper look out and must not carry out other duties which could interfere with the task 2.3.4. all necessary precautions must be taken to avoid pollution of the marine environment 2.3.5. appropriate assistance must be available to be summoned to the bridge if required by a change in the vessel's situation
3. Emergency	Emergencies may include: 3.1 fire 3.2 stranding 3.3 possible collision 3.4 heavy weather 3.5 synchronous rolling 3.6 distress signal 3.7 failure of bridge equipment, steering equipment, navigational lights 3.8 loss of main engines 3.9 man overboard 3.10 cargo shift 3.11 ice formation on hull and superstructure 3.12 floating ice 3.13 retrieval of survivors from the water 3.14 loss of watertight integrity 3.15 dragging anchor 3.16 fouled hawse 3.17 loss of mooring lines or winches when berthing 3.18 sudden list or loll

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate:</p> <ol style="list-style-type: none"> 1.1. contributed to watch keeping arrangements and procedures 1.2. fulfilled the responsibilities of an integrated rating during a watch 1.3. reported observations and other emergency situations arising during a watch 1.4. communicated effectively with others in the course of watchkeeping duties
2. Required Knowledge	<ol style="list-style-type: none"> 2.1 Relevant OH&S legislation, codes of practice, policies and procedures 2.2 Bridge procedures on board a vessel 2.3 Procedures for the use of internal communications and alarm systems 2.4 Factors that can affect watchkeeping functions 2.5 Navigational hazards and implications for watchkeeping 2.6 Typical watchkeeping problems and emergency situations and appropriate action and solutions 2.7 Bridge instrumentation, controls and alarms relevant to the functions of an integrated rating 2.8 Functions of unmanned machinery space (UMS) controls, alarms and indicators 2.9 Rudder and propeller control and vessel maneuvering characteristics 2.10 Signs of fatigue 2.11 Basic environmental protection measures 2.12 Functions and responsibilities of the members of a bridge team on board a vessel 2.13 Procedures for the relief, maintenance and handover of a watch 2.14 Maritime communication techniques used within a bridge team onboard a vessel 2.15 States different categories of pollutants on board and importance of segregation of garbage and waste materials as per management plan. 2.16 States purpose of providing garbage receptacles, in accommodation, and on deck and how it helps in prevention of pollution. 2.17 States garbage management system on board.
3. Required Skills	<ol style="list-style-type: none"> 3.1. Identifying the members of a bridge team on board a vessel 3.2. Applying the procedures for the relief, maintenance and handover of a watch 3.3. Applying maritime communication techniques used within a bridge team onboard a vessel 3.4. Describe methods of disposing different categories of pollutants as per MARPOL regulation and company policy towards it 3.5. Identifies location of SOPEP equipment & material storage locker. 3.6. Familiarize with garbage segregation, storage onboard and disposal shore. 3.7. Preparedness for prevention of pollution during bunkering operation on board.

4. Resource Implications	<p>Access is required to opportunities to either:</p> <p>4.1. demonstrate the ability to contribute to a safe watch in range of suitably-simulated of watchkeeping situations relevant to the role of an integrated rating; and/or</p> <p>4.2. contribute to maintaining a safe watch as an integrated rating on a commercial vessel in an appropriate range of situations under various weather and sea conditions</p>
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <p>5.1. practical test using a suitably simulated watchkeeping situation; or</p> <p>5.2. approved in-service experience, or</p> <p>5.3. approved training ship experience, or</p> <p>5.4. assessment of knowledge must be conducted through appropriate written examinations.</p>
6. Context for Assessment	<p>6.1 Assessment of competence must comply with the assessment requirements of the relevant maritime regulations</p> <p>6.2 Assessment of this unit must be undertaken within relevant marine authority approved and audited arrangements by a registered training and/or assessment institution:</p> <p>6.2.1 Appropriate practical assessment must occur:</p> <p>6.2.1.1 at the registered training organization, and/or</p> <p>6.2.1.2 on an appropriate working or training vessel</p>

UNIT OF COMPETENCY : **OPERATE EMERGENCY EQUIPMENT AND APPLY EMERGENCY PROCEDURES**

UNIT CODE : **MTM834316**

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitude required in operating emergency equipment and applying emergency procedures

ELEMENT	PERFORMANCE CRITERIA <i>Italicized terms</i> are elaborated in the Range of Variables
1. Apply emergency procedures	1.1 Emergency situations are correctly identified in accordance with <i>established nautical practice</i> . 1.2 Initial action on becoming aware of an emergency or abnormal situation is in conformity with established practices and procedures. 1.3 Action taken is timely and appropriate for seriousness of the emergency and the prevailing weather and sea conditions. 1.4 Communications are clear and concise at all times and orders are acknowledged in a timely and seamanlike manner. 1.5 False distress alerts are avoided through the application of established nautical practice. 1.6 Appropriate action is taken in the event of accidental activation of a distress alert in accordance with regulatory requirements and vessel's procedures.
2. Maintain the integrity of emergency distress and alerting systems	2.1 <i>Emergency and distress alerting systems</i> are used in accordance with manufacturer's instructions and vessel's procedures. 2.2 The integrity of <i>emergency</i> and distress alerting systems is maintained in accordance with vessel and company procedures, manufacturer's instructions and regulatory requirements. 2.3 Faulty or non-operational emergency and distress alerting equipment is identified, reported and/or replaced as per manufacturer's instructions and vessel's procedures.

RANGE OF VARIABLES

VARIABLE	RANGE
1. Established nautical practice	May include: 1.1 Work must be carried out in compliance with the maritime regulations. 1.2 Work is performed within defined emergency procedures with limited accountability and responsibility for self and others in achieving the prescribed outcomes. 1.3 Work involves the application of basic emergency procedures and the use of emergency equipment on board a vessel 1.4 Familiarization of various alarms and location of controls 1.5 Taking of immediate action in accordance with company procedures and limits of responsibility is required. 1.6 Work requires some judgement in recognising and confirming the nature and extent of the emergency and taking appropriate initial action within the established limits of responsibility
2. Emergency and distress alerting systems	Emergency and distress alerting systems may include: 2.1. pyrotechnic distress signals 2.2. GMDSS survival craft VHF radios 2.3. satellite emergency position indicating radio beacons (EPIRBs) 2.4. search and rescue transponders (SARTs) 2.5. ship security alert system (SSAS) 2.6. whistles
3. Emergencies	3.1. Emergency may include: 3.1.1. collision with another vessel 3.1.2. explosion on board vessel 3.1.3. fire on board vessel 3.1.4. impairment of integrity of hull and ingress of water 3.1.5. loss of steering control 3.1.6. loss of motive power 3.1.7. foundering 3.1.8. grounding 3.1.9. person overboard 3.1.10. rescue and evacuation of injured personnel 3.2. Potential emergencies may occur: 3.2.1. by day or night 3.2.2. under any possible conditions of weather and loading 3.2.3. while underway 3.2.4. during berthing and unberthing operations 3.2.5. while anchoring and mooring

EVIDENCE GUIDE

1. Critical Aspects of Competency	<p>Assessment requires evidence that the candidate:</p> <ol style="list-style-type: none"> 1.1. recognized emergency or abnormal situations 1.2. took appropriate initial action on becoming aware of an emergency or abnormal situation 1.3. operated emergency equipment 1.4. maintained the integrity of emergency and distress alerting systems 1.5. communicated clearly, concisely and effectively with others during an emergency on board vessel
2. Required Knowledge	<ol style="list-style-type: none"> 2.1 Knowledge of relevant maritime regulations dealing with emergency equipment and procedures 2.2 ISM Code and associated ship's Safety Management System and procedures (where applicable) 2.3 Relevant OH&S legislation and policies applicable to the use of emergency equipment 2.4 SOLAS Convention and related regulations 2.5 Duties and responsibilities of shipboard personnel during emergencies 2.6 Incidents that may result in an emergency on board vessel and the appropriate response in each case 2.7 Precautions to maintain the integrity of emergency and distress alerting systems 2.8 The meaning of various maritime emergency alarms, the guidelines and procedures for their activation and signals and the action to be taken when they are activated 2.9 Procedures for emergency response on board a commercial vessel 2.10 Functions and purpose of pyrotechnic distress signals, satellite emergency position indicating radio beacons (EPIRBs), and search and rescue transponders (SARTs) 2.11 Techniques for avoiding false distress alerts and the action that must be taken in the event of accidental activation 2.12 Maritime communication techniques 2.13 Familiarization with Ship Security Alert System (SSAS)
3. Required Skills	<ol style="list-style-type: none"> 3.1 Applying procedures for emergency response on board a commercial vessel 3.2 Handling of pyrotechnic distress signals, satellite emergency position indicating radio beacons (EPIRBs), and search and rescue transponders (SARTs) 3.3 Applying techniques for avoiding false distress alerts and the action that must be taken in the event of accidental activation 3.4 Practicing maritime communication techniques

4. Resource Implications	<p>Access is required to opportunities to either:</p> <p>4.1. carry out a range of suitably simulated practical and knowledge assessments that demonstrate the skills and knowledge to respond to emergencies on board a vessel, and/or</p> <p>4.2. participate in emergency response drills on board an operational commercial or training vessel</p>
5. Methods of Assessment	<p>Competency in this unit must be assessed through:</p> <p>5.1. practical test using a suitably simulated watchkeeping situation; or</p> <p>5.2. approved in-service experience; or</p> <p>5.3. approved training ship experience, or</p> <p>5.4. assessment of knowledge must be conducted through appropriate written examinations</p>
6. Context of Assessment	<p>6.1 Assessment of competence must comply with the assessment requirements of the relevant maritime regulations.</p> <p>6.2 Assessment of this unit must be undertaken within relevant marine authority approved and audited arrangements by a registered training and/or assessment institution:</p> <p>6.2.1 Appropriate practical assessment must occur:</p> <p>6.2.1.1 at the registered training/assessment institution, and/or</p> <p>6.2.1.2 on an appropriate working or training vessel</p>

SECTION 3 TRAINING STANDARDS

These guidelines are set to provide the Technical and Vocational Education and Training (TVET) providers with information and other important requirements to consider when designing training programs for **RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)**.

3.1 CURRICULUM DESIGN

Course Title: **RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)**

Suggested Nominal Training Duration: **18 Hours (Basic Competencies)
60 Hours (Common Competencies)
30 Hours (Core Competencies)
(Plus 2 months approved period of seagoing service)**

Course Description:

This course is designed to equip individual with operational skills, knowledge and attitudes of **Rating Forming Part of a Navigational Watch NC II (STCW Regulation II/4)** in accordance with industry standards. It covers core competencies such as steer the ship and complies with helm orders; keep a proper look-out by sight and hearing; contribute to monitoring and controlling a safe watch and operate emergency equipment and apply emergency procedures.

This course is also designed to enhance the basic and common knowledge, skills and attitudes of an individual in the field of Rating Forming Part of a Navigational Watch.

To obtain this, all units prescribed for this qualification must be achieved.

BASIC COMPETENCIES

Unit of Competency	Learning Outcomes	Methodology	Assessment Approach
1. Participate in workplace communication	1.1 Obtain and convey workplace information. 1.2 Complete relevant work related documents. 1.3 Participate in workplace meeting and discussion.	<ul style="list-style-type: none"> • Group discussion • Interaction 	<ul style="list-style-type: none"> • Interviews/questioning • Observation
2. Work in a team environment	2.1 Describe and identify team role and responsibility in a team. 2.2 Describe work as a team member.	<ul style="list-style-type: none"> • Group discussion • Interaction 	<ul style="list-style-type: none"> • Interviews/questioning • Demonstration • Observation
3. Practice career professionalism	3.1 Integrate personal objectives with organizational goals. 3.2 Set and meet work priorities. 3.3 Maintain professional growth and development.	<ul style="list-style-type: none"> • Group discussion • Interaction 	<ul style="list-style-type: none"> • Demonstration • Observation • Interviews/questioning
4. Practice occupational health and safety	4.1 Evaluate hazard and risks 4.2 Control hazards and risks 4.3 Maintain occupational health and safety awareness	<ul style="list-style-type: none"> • Group discussion • Interaction 	<ul style="list-style-type: none"> • Demonstration • Observation • Interviews/questioning

COMMON COMPETENCIES

Unit of Competency	Learning Outcomes	Methodology	Assessment Approach
1. Survive at sea in the event of ship abandonment	1.1 Respond to the indicated emergency 1.2 Board a survival craft	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Written • Questioning • Observation • Practical performance
2. Minimize the risk of fire and maintain a state of readiness to respond to emergency situations involving fire	2.1 Carry out fire minimization procedures 2.2 Respond to emergencies involving fire	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance
3. Fight and extinguish fires	3.1 Operate portable fire fighting equipment 3.2 Carry out fire fighting operations	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance
4. Take immediate action upon encountering an accident or other medical emergency	4.1 Determine need of casualty 4.2 Administer first aid to the victim	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance
5. Comply with emergency procedures	5.1. Take action on becoming aware of an emergency 5.2. Follow established emergency procedures	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance
6. Take precautions to prevent pollution of the marine environment	6.1. Practice compliance with legislative requirements for protection of the marine environment 6.2. Practice anti-pollution procedures	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance
7. Observe safe working practices	7.1. Identify and follow workplace procedures for hazard identification and risk control 7.2. Contribute to arrangements for the management of occupational health and safety 7.3. Understand and take necessary actions to control fatigue 7.4. Complete occupational health and safety records	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance
8. Demonstrate security awareness practices	8.1 Contribute to the enhancement of maritime security through heightened awareness 8.2 Recognize security threats 8.3 Understand the need for and maintaining security awareness and vigilance	<ul style="list-style-type: none"> • Discussion • Lecture • Demonstration • Simulation 	<ul style="list-style-type: none"> • Observation • Demonstration • Practical performance

Note*: Applicant trainee who already possesses relevant certificate of training and/or certificate of competency in Basic Safety Training (BST) and Security Awareness Training shall not be required to undergo training/ certification on Common Competencies

CORE COMPETENCIES

Unit of Competency	Learning Outcomes	Methodology	Assessment Approach
1. Steer the ship and comply with helm orders	1.1. Steer the ship using magnetic and gyro compass 1.2. Respond to helm orders	<ul style="list-style-type: none"> • Lectures • Demonstrations • Simulation • Discussions • Hands-on 	<ul style="list-style-type: none"> • Observation • Practical demonstration and oral examination • Written test
2. Keep a proper look-out by sight and hearing	2.1 Detect sounds, lights and other objects 2.2 Report the approximate bearing of a sound, light or other object in degrees or points	<ul style="list-style-type: none"> • Lectures • Demonstrations • Simulation • Discussions • Hands-on 	<ul style="list-style-type: none"> • Observation • Practical demonstration and oral examination • Written test
3. Contribute to monitoring and controlling a safe watch	3.1 Contribute to watchkeeping procedures 3.2 Respond to potential emergency situations	<ul style="list-style-type: none"> • Lectures • Demonstrations • Simulation • Role play • Discussions • Hands-on 	<ul style="list-style-type: none"> • Observation • Practical demonstration and oral examination • Written test
4. Operate emergency equipment and apply emergency procedures	4.1 Apply emergency procedures 4.2 Maintain the integrity of emergency distress and alerting systems	<ul style="list-style-type: none"> • Lectures • Demonstrations • Simulation • Discussions • Hands-on 	<ul style="list-style-type: none"> • Observation • Practical demonstration and oral examination • Written test

3.2 TRAINING DELIVERY

The delivery of training should adhere to the design of the curriculum. Delivery should be guided by the 10 basic principles of competency-based TVET.

- The training is based on curriculum developed from the competency standards;
- Learning is modular in its structure;
- Training delivery is learner-centered and should accommodate individualized and self-paced learning strategies;
- Training is based on work that must be performed;
- Training materials are directly related to the competency standards and the curriculum modules;
- Assessment is based in the collection of evidence of the performance of work to the industry required standard;
- Training is based both on and off the job components;
- Allows for recognition of prior learning (RPL) or current competencies
- Training allows for multiple entry and exit; and
- Approved training programs are Nationally Accredited.

The competency-based TVET system recognizes various types of delivery modes, both on and off-the-job as long as the learning is driven by the competency standards specified by the industry. The following training modalities may be adopted when designing training programs:

- The dualized mode of training delivery is preferred and recommended. Thus programs would contain both in-school and in-industry training or fieldwork components. Details can be referred to the Dual Training System (DTS) Implementing Rules and Regulations.
- Modular/self-paced learning is a competency-based training modality wherein the trainee is allowed to progress at his own pace. The trainer facilitates the training delivery
- Peer teaching/mentoring is a training modality wherein fast learners are given the opportunity to assist the slow learners.
- Supervised industry training or on-the-job training is an approach in training designed to enhance the knowledge and skills of the trainee through actual experience in the workplace to acquire specific competencies prescribed in the training regulations.
- Distance learning is a formal education process in which majority of the instruction occurs when the students and instructor are not in the same place. Distance learning may employ correspondence study, or audio, video or computer technologies.
- Project-Based Instruction is an authentic instructional model or strategy in which students plan, implement and evaluate projects that have real world applications.

3.3 TRAINEE ENTRY REQUIREMENTS

This section specifies the qualifications of trainees and educational experience. Other requirements like health and physical requirements are also stated. Passing entry written examinations may also be indicated if necessary.

- Must be 18 years old and above
- Must have completed 10 years Basic Education
- Must have passed the medical examination for eyesight and hearing as per DOH Administrative Order No. 2013-0006

3.4 LIST OF TOOLS, EQUIPMENT AND MATERIALS FOR RATING FORMING PART OF A NAVIGATIONAL WATCH (STCW Regulation II/4)

Recommended list of tools, equipment and materials *per batch of 24 trainees* for RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)

TOOLS		EQUIPMENT		MATERIALS	
QTY	DESCRIPTION	QTY	DESCRIPTION	QTY	DESCRIPTION
Integral 1 per class	<ul style="list-style-type: none"> Tools for the delivery of training are integrated in the required equipment (Full mission bridge simulator) AVR equipment that can handle video or PowerPoint presentation materials 	1 set	<ul style="list-style-type: none"> Bridge simulator 2 Mini Stations 1 Instructor Station 4 Mathematical Models (Own Ship) with following Directional Stability <ol style="list-style-type: none"> Stable Stable with steering bias to port Stable with steering bias to starboard Unstable <p>Note: Simulator must have visualization of not less than 225 degrees arc of horizontal visibility capable to simulate ship's standard steering system (hand and auto-pilot), multiple programmed ships' and targets' navigational lights, sound signals, and various state of weather and sea conditions.</p>	1 set	Video or PowerPoint presentation for: <ul style="list-style-type: none"> Steering techniques Sound and light signals Compass bearings and directions Applying Rules of the Road Various emergencies on board Bridge team communication Pyrotechnic distress signals; EPIRBS and SART Protection of environment Shipboard communication

REMARKS:

Above tools, equipment and materials are applicable for the training delivery of the CORE COMPETENCIES.

The tools, equipment and materials for the delivery of the COMMON COMPETENCIES shall comply with the standards prescribed by the MARITIME INDUSTRY AUTHORITY (MARINA) in their prescribed and regulated training program in BASIC SAFETY TRAINING (BST) and SECURITY AWARENESS TRAINING courses.

3.5 TRAINING FACILITIES

FOR RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)

Based on a class size of 24 students/trainees

SPACE REQUIREMENT	SIZE IN METERS	AREA IN SQ. METERS	TOTAL AREA IN SQ. METERS
Workshop/Laboratory area: Bridge simulator with two (2) mini-stations and one (1) instructor station			100
Lecture Room		42	42
Learning Resource Center		20	20
Wash/Comfort room		10	10
Storage/Tool room		20	20
Circulation Area			50
Total Area			242 sq. m.

Circulation area = 30% of workshop area + lecture room + LRC

3.6 TRAINER'S QUALIFICATIONS FOR MARITIME SECTOR

RATING FORMING PART OF A NAVIGATIONAL WATCH NC II (STCW Regulation II/4)

TRAINER QUALIFICATION

- Must be licensed Officer-In-Charge of a Navigational Watch and at least with twelve (12) months seagoing service in that position
- Must be proficient in English communication
- Must be a holder of National TVET Trainer Certificate (NTTC) I – Rating Forming Part of a Navigational Watch NC II (STCW Regulation II/4)

REMARKS:

Above trainer's qualifications are applicable for the delivery of the CORE COMPETENCIES.

The trainer's qualifications for the delivery of the common competencies shall comply with the standards prescribed by the MARITIME INDUSTRY AUTHORITY (MARINA) in their prescribed and regulated training in Basic Safety Training (BST) and SECURITY AWARENESS TRAINING courses.

3.7 INSTITUTIONAL ASSESSMENT

Institutional assessment is undertaken by trainees to determine their achievement of units of competency. A certificate of achievement is issued for each unit of competency.

SECTION 4 NATIONAL ASSESSMENT AND CERTIFICATION ARRANGEMENTS

Assessment of an individual's competence leads to the issuance of a Certificate of Proficiency (COP) in the relevant units of competency.

A Certificate of Proficiency (COP) is issued when a candidate has demonstrated competence in all the units of competency that comprise the relevant endorsed qualification.

1. Candidate wanting to be certified will have to be assessed in accordance with the requirements identified in the evidence guide of the relevant unit/s of competency. As a rule, the unit/s of competency shall be the benchmark for all assessment under the Training Regulations for Maritime Sector.
2. Candidate must have completed the prescribed course of instruction in all the units of competency contained in the maritime program and with equivalent sea service experience on a seagoing ship of 500 GRT or more, before applying for assessment and certification for Certificate of Proficiency (COP).

2.1. Every candidate for certification shall:

2.1.1 Be not less than 18 years of age

2.1.2 Those who have:

2.1.2.1 Completed TESDA-registered program on Rating Forming Part Of A Navigational Watch (RFPNW) inclusive of an approved seagoing service of not less than two (2) months where candidate has performed watchkeeping duties under the supervision of the master or officer-in-charge of a navigational watch or a qualified rating on board a merchant vessel of 500 GT or more; OR

2.1.2.2 Graduate of Bachelor of Science in Marine Transportation (BSMT) or undergraduate who completed watchkeeping subjects with an approved sea going service of not less than six (6) months on board seagoing vessel of 500 GRT or more, evidenced by a certificate from the manning agency/shipping company with an attestation that the candidate performed navigational watchkeeping functions and has been involved in the performance of duties carried out under the direct supervision of the master, the officer-in-charge of the navigational watch or a qualified rating.

2.1.3 Meet the standard of competence specified in this Training Regulations.

3. Candidates for a COP on RFPNW shall be required to undergo assessment using the assessment methodologies identified in the unit of competency.
4. Conduct of assessment and issuance of certificates shall follow the procedures manuals and implementing guidelines developed for the assessment and certification of RFPNW as institutionalized by and between TESDA and MARINA through a Memorandum of Agreement (MOA).
5. Candidates who are found to be competent under the qualification for RFPNW as contained in Section 1 shall be awarded with the corresponding Certificate of Proficiency (COP).

**COMPETENCY MAP
For Maritime Sector**

CORE COMPETENCIES	Steer the ship and also comply with helm orders in the English language	Carry out a watch routine appropriate to the duties of rating forming part of an engine room watch	Perform marine engineering at the support level	Perform mess hall service	Perform maintenance and sanitation of galley equipment and	Prepare side dishes and breakfast meal
	Keep a proper look-out by sight and hearing	Maintain the correct boiler water levels and steam pressure	Perform safe usage of electrical equipment at the support level	Perform housekeeping services	Prepare and cook meat dishes	Prepare and cook poultry products
	Contribute to monitoring and controlling a safe watch	Operate emergency equipment and apply emergency procedures	Perform maintenance and repair at the support level	Provide assistance in receiving and storing provisions	Prepare stocks, sauces and soups	Prepare and cook seafood
	Operate emergency equipment and apply emergency procedures	Perform navigation at the support level	Control the operation of the ship and care for persons on board at the support level	Supervise preparation of meals	Prepare appetizers, salads and sandwiches (hot and cold and open)	Prepare bread products and hot and cold desserts
		Perform cargo handling and stowage at the support level	Perform maintenance and repair at the support level	Perform victualing services	Supervise the maintenance and sanitation of galley equipment and utensils and related areas	Perform stock control
				Assist engineer in the maintenance of main engine	Establish and maintain catering standards	
COMMON COMPETENCIES	Survive at sea in the event of ship abandonment	Minimize the risk of fire and maintain a state of readiness to respond emergency situations involving	Fight and extinguish fire	Take immediate action upon encountering an accident or other medical emergency	Comply with emergency procedures	Take precautions to prevent pollution of the marine environment
	Observe safe working practices	Observe personal hygiene	Practice food safety, sanitation and hygiene	Observe catering health and safety practices	Protect marine environment/ waste segregation mgmt.	Work within multi-cultural and religious environment
	Demonstrate security awareness practices					
BASIC COMPETENCIES	Receive and respond to workplace communication	Work with others	Participate in workplace communication	Work in team environment	Lead in workplace communication	Lead small teams
	Demonstrate work values	Practice basic housekeeping procedures	Practice career professionalism	Practice occupational health and safety	Develop and practice negotiation skills	Solve problems related to work activities
					Use mathematical concepts and techniques	Use relevant technologies

DEFINITION OF TERMS

For the purpose of this training regulations, the words:

1. Abandon ship an imperative to leave the vessel immediately, usually in the face of some imminent danger. It is an order issued by the Master or a delegated person in command. It is usually the last resort after all other mitigating actions have failed.
2. Aground resting on or touching the ground or bottom (usually involuntarily).
3. Azimuth of an object is its bearing from the observer measured as an angle clockwise from true north.
4. Bearing the horizontal direction of a line of sight between two objects on the surface of the earth.
5. Bridge a structure above the weather deck, extending the full width of the vessel, which houses a command center, itself called by association, the bridge.
6. Bridge wing an open-air extension of the bridge to port or starboard, intended for use in signaling.
7. Boxing the compass to state all 32 points of the compass, starting at north, proceeding clockwise. Sometimes applied to a wind that is constantly shifting.
8. Cardinal referring to the four main points of the compass: north, south, east and west.
9. Compass navigational instrument showing the direction of the vessel in relation to the Earth's geographical poles or magnetic poles. Commonly consists of a magnet aligned with the Earth's magnetic field, but other technologies have also been developed, such as the gyro compass.
10. Conn to direct a ship or submarine from a position of command
11. Constant bearing,
 Decreasing range (CBDR) when two ship's are approaching each other from any angle and this angle remains the same over time (constant bearing) they are on a collision course.
12. Distress Signal an international signal used by a distressed ship or aircraft to request help, as by radio broadcasts, flags, or flares
13. EPIRB emergency position-indicating radio beacon
14. Gyro compass a mechanical indicator of the direction of the true (geographic) meridian, designed for determining the course of an object, as well as the azimuth (bearing) of the direction of orientation.

15. Helm Order	command ordered by the pilot or officers in charge to the helmsman in steering the ship.
16. Look out	a seaman stationed in the fore-castle, crow's nest or bridge wings for the purpose of maintaining watchful eye for any lights, land or floating objects that may be in sight or reporting such to officer of the watch
17. Lubber's line	a vertical line inside a compass case indicating the direction of the ship's head.
18. Magnetic bearing	an absolute bearing using magnetic north.
19. Point	a unit of bearing equal to one thirty-second of a circle, i.e., 11.25°. A turn of 32 points is a complete turn through 360°
20. Radar	acronym for Radio Detection And Ranging. An electronic system designed to transmit radio signals and receive reflected images of those signals from a "target" in order to determine the bearing and distance to the "target".
21. Relative bearing	bearing relative to the direction of the ship: the clockwise angle between the ship's direction and an object.
22. SART	search and rescue transponder
23. Steerageway	the minimum speed at which a vessel will answer the helm, below which she cannot be steered.

ACKNOWLEDGEMENTS

The Technical Education and Skills Development Authority (TESDA) wishes to extend thanks and appreciation to the many representatives of business, industry, academe and government agencies who donated their time and expertise to the development and validation of these Training Regulations.

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